

Been There

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Johnny Sheehan (UK) - August 2013

Musique: Don't Talk to Me About Losing - Micke Muster : (iTunes)



Alternative tracks: 'Alone' by Bee Gees / 'Give It Up' by Andrew Spencer

[1-8] Chases L, Rock-Recover, Vine R, Brush:

- 1&2 Step L to L side, Close R to L, Step L to L
- 3-4 Rock-step R back, Recover on L
- 5-8 Step R to R side, Cross L behind R, Step R to R, Brush L fwd

[9-16] Rocking Chair, Shuffle Fwd, Rock-Recover:

- 1-4 Rock-step L fwd, Recover on R, Rock-step L back, Recover on R
- 5&6 Step L fwd, Close R to L, Step L fwd
- 7-8 Rock-step R fwd, Recover on L

[17-24] Shuffle Back, 1/4 Turn L, Touch, Step, Touch, Chases 1/4 Turn L:

- 1&2 Step R back, Close L to R, Step R back
- 3-4 Step L 1/4 turn L, Touch R beside L (9)
- 5-6 Step R to R side, Touch L beside R
- 7&8 Step L to L side into 1/4 turn L, Close R to L, Step L fwd (6)

[25-32] Paddle 1/8 Turn L X2, Jazz Box, Touch:

- 1-4 Step R fwd, Pivot 1/8 turn L, Step R fwd, Pivot 1/8 turn L (3)
- 5-8 Cross-step R over L, Step L back, Step R in place, Touch L beside R

Note: dance not phrased to music near end...just Enjoy without Tags or Restarts.

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