

My Girl

Compte: 32

Mur: 2

Niveau: Improver

Chorégraphe: Mal Jones (UK) - July 2013

Musique: My Girl - Darren Busby : (CD: Here and Now)



16 Count Intro - begin on vocals

Alt. tracks: -

My Girl by Alabama or The Temptations

Tequila Sunrise by The Eagles 109.b.p.m.

RIGHT CROSS ROCK, SIDE CHASSE, FORWARD ROCK, BACK LOCK STEP.

1 2 3 & 4 Cross right over left, recover on left, right to right side, bring left to right, right to right side.

5 6 7 & 8 Rock forward on left, recover on right, back on left, cross right over left, back on left.

STEP BACK, TOUCH, SHUFFLE FORWARD, CROSS, BACK, SIDE, CROSS.

1 2 3 & 4 Step back on right, touch left toe in front of right foot, (no weight), forward on left, bring right to left, forward on left.

(option raise hands and snap fingers on toe touch).

5 6 7 8 Sweep right from behind and cross over left, back on left, right to right side, cross left over right.

*** Restart from beginning - Wall 6**

SIDE, BEHIND AND CROSS, SIDE, BACK ROCK, ½ SHUFFLE RIGHT.

1 2 & 3 4 Right to right side, cross left behind right, right to right side, cross left over right, right to right side.

5 6 7 & 8 Rock back on left, recover on right, (making ½ turn right), step ¼ back on left, bring right to left, ¼ back on left, (6 o'clock).

BACK ROCK, ½ REVERSE SHUFFLE LEFT. 2 x ¼ TURN LEFT, SHUFFLE FORWARD.

1 2 3 & 4 Rock back on right, recover on left, (making ½ turn left), step ¼ back on right, bring left to right, step ¼ back on right, (12 o'clock).

5 6 7 & 8 Making ¼ turn left step forward on left, ¼ turn step on right, forward on left, bring right to left, forward on left.

*** On wall 6, facing (6 o'clock) you will dance first two sections, (replacing step 8 of section 2 with a step forward instead of cross),**

Then Restart from beginning of section 1.

Optional ending, after dancing first two sections, cross unwind to finish facing front wall.

Don't forget to Smile!

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