

Watch Out For This

Compte: 80

Mur: 0

Niveau: Phrased Intermediate / Advanced



Chorégraphe: Aurelie Bernard & Mickael Godeau (BEL) - July 2013

Musique: "Watch out for this" by Major Lazer

Séquence : ACC BBA BBA ACC BBA BBA AA

Part A - 32 counts

Basic samba step right, basic samba step left, step forward, half turn right with a hitch, lock step forward.

- 1&2 RF step side, close left to right, cross RF over left.
- 3&4 LF step side, close RF to LF, cross LF over RF
- 5-6 step RF forward - Hitch LF up, while doing this turn ½ right.
- 7&8 LF step forward, RF next to LF, LF step forward

Mambo right forward, mambo left back, and lock, 1/2 turn left, body movement

- 1&2 RF step forward, Recover on LF, RF next to LF.
- 3&4 LF step back, recover on RF, LF next to RF
- &5-6 RF step forward, LF lock behind RF – half turn left
- 7-8 shake your body like a samba

Point heel flick, cross shuffle right, volta step x4 with 1 1/8 turn right

- 1&2 RF point side LF, RH side of LF, flick RF
- 3&4 RF cross over LF, close LF next RF, cross RF over LF
- &5 turn ¼ R LF side step, RF cross over LF
- &6 turn ¼ R LF side step, RF cross over LF
- &7 turn ¼ R LF side step, RF cross over LF
- &8 turn 3/8 R LF side step, RF cross over LF

Press, close, walk, walk, samba walk syncopated with a LF hitch half turn R, coaster step.

- 1&2 press LF forward, recover on RF, close LF side RF
- 3-4 RF step forward, LF step forward
- 5&6& RF step forward, LF next to RF, RF step forward, 1/2 T R on RF with a LF hitch
- 7&8& LF step back, RF close side LF, LF step forward, RF point side of LF.

Part B - 16 counts

Side, close, bodyroll, 1/8 R coaster step, pirouette R, falling press

- 1&2 step side RF, close with LF and change the weight (with shaking body)
- 3&4 step side RF, body roll from L to R, close LF to RF and finish the weight on LF
- 5&6 1/8 T R step back RF, close LF to RF, RF step forward
- 7 1 turn on RF in pirouette
- 8 finish the turn on the ball of the foot RF&LF

Press, sweep, behind side cross RF with ¼ L, 3/4 rolling syncopated bodyroll

- 1-2 RF press forward, sweep RF
- 3&4 cross RF behind, LF side step, 1/4 L step RF forward
- 5&6 step forward LF, ½ L Step RF back, ¼ L step side LF
- 7-8 body roll from R to L touch RF side LF

Part C - 32 counts

Standing rolls, samba rolls,

- 1-2-3-4 full turn with the body (rolls)
- 5&6 1/4 L LF step forward, ½ LF step back, cross LF over RF
- 7&8 RF step back, 1/4 L LF side step, RF tush side LF

samba rolls+1/2touch, bratucadas.

1&2 1/4L LF step forward, ½ LF step back, cross LF over RF
3&4 1/4L RF step back, 1/4L LF side step, 1/4L RF tush side LF
&5 RF step back, touch LF and push the hips
&6 LF step back, touch RF and push the hips
&7 RF step back, touch LF and push the hips
&8 LF step back, touch RF and push the hips

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7&8 RF step back, 1/4L LF side step, RF tush side LF

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&5 RF step back, touch LF and push the hips
&6 LF step back, touch RF and push the hips
&7 RF step back, touch LF and push the hips
&8 LF step back, touch RF and push the hips

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