

You'll Get Thro' This

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Salfoo (MY) - June 2013

Musique: You'll Get Through This - Martina McBride



Start: 16 counts from start of track

[1-9] CROSS ROCK, RECOVER, SIDE, CROSS ROCK, RECOVER, 1/4L, FORWARD ROCK, RECOVER, FORWARD, BASIC L, SIDE

- 1-2& Cross Rock RF Over LF, Recover Onto LF, Step RF To Right
- 3-4& Cross Rock LF Over RF, Recover Onto RF, Turning 1/4 Left Step LF To Left
- 5-6& Rock RF Forward, Recover Onto LF, Step RF Forward
- 7-8&1 Step LF Long Step To Left, Rock Back Onto RF, Recover Onto LF (&), Step RF To Right

[10-17] CROSS SHUFFLE, FLICK 1/4 TURN L FORWARD SHUFFLE, SIDE, RECOVER, WEAVE R

- 2&3 Cross LF Over RF, Step RF To Right, Cross LF Over RF
- 4&5 Flick Turn 1/4 Turn L Step RF Forward Lock LF Behind RF, Step RF Forward
- 6-7 Step LF To Left, Recover Onto RF
- 8&1 Cross LF Behind RF, Step RF To Right, Cross LF Over RF

[18-25] BACK SHUFFLE, 1/4 L, WALK, WALK, RUMBA FORWARD, RUMBA FORWARD

- 2&3 Step RF Back, Step LF Back In Front Of RF, Step RF Back
- 4-5 Turn 1/4 Turn Step LF Forward, Step RF Forward
- 6&7 Step LF To Left, RF Close To LF, Step LF Forward HOLD
- 8&1 Step RF To Right, LF Close To RF, Step RF Forward HOLD

[26-32] BACK, CHASSE R, SWAY, SWAY, TOUCH, 1/2 L, STEP DOWN

- 2 3&4 Step LF Back, Step RF To Right, Step LF Close To RF, Step RF To Right
- 5-6 Sway To Left, Sway To Right
- 7-8 Touch LF At The Back Of RF, Turn 1/2 Turn Left, Step LF Down

START AGAIN...HAVE FUN!

***RESTART: ON WALL 3...DANCE TILL COUNTS 24 &**

ENDING: WALL 7...AFTER COUNT 31, TURN 1/4 LEFT TO FACE FRONT WALL

Dedicated to My Dear Friend, Tammy Lee...:-)

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Last Update – 24th Feb. 2018