

# Once In A Lifetime

**Compte:** 16

**Mur:** 4

**Niveau:** Beginner



**Chorégraphe:** Michael Diven (USA) - May 2013

**Musique:** Once in a Lifetime - Craig David

**Intro:** 32 counts

## **CROSS, STEP, SYNCOPATED WEAVE, SIDE ROCK, RECOVER, SYNCOPATED WEAVE WITH TURN ¼ LEFT**

- |     |   |
|-----|---|
| 1-2 | Cross left over, step right side  |
| 3&4 | Behind-side-cross left-right-left   |
| 5-6 | Rock right side, recover to left  |
| 7&8 | Cross right behind, turn ¼ left and step left forward, step right forward |

## **ROCK, RECOVER, LOCK STEP BACK, BACK, TOUCH, BACK, TOUCH, RIGHT CHASSÉ**

- |     |                                      |
|-----|--------------------------------------|
| 1-2 | Rock left forward, recover to right  |
| 3&4 | Locking chassé back left-right-left  |
| 5&  | Step right back, touch left together |
| 6&  | Step left back, touch right together |
| 7&8 | Chassé side right-left-right         |

**REPEAT**

This step sheet is provided by Dare 2 Dance Productions. Telephone: (717) 319-5514 or  
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