

Shake It For Me Girl

Compte: 64

Mur: 2

Niveau: Improver

Chorégraphe: Peter Davenport (ES) - May 2013

Musique: Country Girl (Shake It for Me) - Luke Bryan : (Album: Country Girl)



32 Count Intro, Start on the words, "Gotta Little Boom" Aprox 18 sec's
No tags or Restarts

Walk, Walk ,Scuff Hitch Back, Coaster Step, Slide Back Together

- 1,2 Walk forward R.L [12]
3&4 Scuff R foot Though, Hitch R knee, Step back on R [12]
5&6 L coaster step [12]
7,8 Take a long step back with R, Bring L to R (weight on L) [12]

Stomp Twist Twist, Stomp Twist Twist, Rock Replace, Shuffle ½ Turn R

- 1&2 Stomp R foot forward, Twist heels R.L (on the diagonal R) [1]
3&4 Stomp L foot forward, Twist heels L.R (on the L diagonal) [11]
5,6 Rock forward on R, Replace on L [12]
7&8 Shuffle ½ over R shoulder [6]

Step ½ Turn R, L Shuffle Forward, Full Turn L, Step ¼ L

- 1,2 Step forward on L, Pivot ½ R (weight on R) [12]
3&4 Left shuffle forward [12]
5,6 Make ½ turn L step back on R, Make ½ L step forward on L [12]
7,8 Step forward on R, Pivot ¼ L (weight on L) [9]

Cross Side Sailor Step, Cross Side Sailor ½ R

- 1,2 Cross R over L, Step L to L side [9]
3&4 R sailor step into the R diagonal [11]
5,6 Cross L over R, Step R to R side [9]
7&8 L sailor ½ turn L (bring L forward) [3]

Side Close Side R, Rock Back Replace, Side Close Side L, ¼ Turn R Step

- 1&2 Side shuffle R (shake your hips whilst doing these steps) [3]
3,4 Rock L behind R, Recover on R [3]
5&6 Side shuffle L (shake your hips whilst doing these steps) [3]
7,8 Make ¼ R step R to R side, Step L forward [6]

R Heel, H, Switch ¼, L Heel, H, Switch ¼ , Heel Switches, Hook Touch

- 1,2& Touch R heel forward, Hold, Bring R to L [6]
3,4& Make ¼ turn L Touch L heel forward, Hold, Bring L to R [3]
5&6& Make ¼ turn L switching heels R&L&R [12]
7&8 Touch R heel forward, Hook R under L shin, Touch R toe to L [12]

R Heel, H, Switch ¼, L Heel, H, Switch ¼ , Heel Switches, Hook Touch

- 1,2& Touch R heel forward, Hold, Bring R to L [12]
3,4& Make ¼ turn L Touch L heel forward, Hold, Bring L to R [9]
5&6& Make ¼ turn L switching heels R&L&R [6]
7&8 Touch R heel forward, Hook R under L shin, Touch R toe to L [6]

Step Bump Hips, Step Bump Hips, Mambo Step, Coaster Step

- 1&2 As you step R forward bump hips R.L.R (on the R diagonal) [7]
3&4 As you step L forward bump hips L.R.L (on the L diagonal) [5]

5&6 R mambo step forward [6]
7&8 L coaster step (bring L forward) [6]

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