My Heart Beat



Compte: 32 Mur: 4 Niveau: Intermediate

Chorégraphe: Gail Davis (NZ) - March 2013

Musique: Can't You Hear My Heartbeat - Herman's Hermits



Intro: 8 Counts (After Strong Beat Kicks In)

STEP - LOCK - STEP WITH TOUCH, STEP - LOCK - STEP WITH TOUCH

- 1 2 3 4 Step Forward On Right, Lock Left Behind Right, Step Forward On Right, Touch Left Beside Right
- 5 6 7 8 Step Forward On Left, Lock Right Behind Left, Step Forward On Left, Touch Right Beside

BRONCO HITCH, BRONCO HITCH, TOE STRUT, TOE STRUT WITH 1/4 TURN

- 1 2 3 4 Point Right To Side, Hitch Right Knee Across Left (Slapping With Left Hand), Point Right To Side, Hitch Right Knee Across Left (Slapping With Left Hand)
- 5 6 7 8 Touch Right Toe Back, Drop Heel, Making ¼ Turn Left Touch Left Toe To Side , Drop Heel (9 O'Clock)

VINE RIGHT, BRONCO HITCH, BRONCO HITCH

- 1 2 3 4 Step Right To Side, Cross Left Behind Right, Step Right To Side, Touch Left Beside Right
- 5 6 7 8 Point Left To Side, Hitch Left Knee Across Right (Slapping With Right Hand), Point Left To Side, Hitch Left Knee Across Right (Slapping With Right Hand)

VINE LEFT WITH 1/4 TURN & SCUFF, JAZZ SQUARE

- 1-2-3-4 Step Left To Side, Cross Right Behind Left, Making ½ Turn Step Forward On Left , Scuff Right
- 5 6 7 8 Cross Right Over Left, Step Back On Left, Step Right To Side, Close Left Beside Right

REPEAT

RESTARTS: -

On Wall 2 There Is A Restart After 1st 16 Counts (This Now Becomes Wall 3)

On Wall 3 There Is A Restart After 1st 28 Counts (This Now Becomes Wall 4)

On Wall 5 There Is A Restart After 1st 16 Counts (This Now Becomes Wall 6)

On Wall 6 There Is A Restart After 1st 28 Counts (This Now Becomes Wall 7)

On Wall 9 There Is A Restart After 1st 16 Counts (This Now Becomes Wall 10)

On Wall 10 There Is A Restart After 1st 28 Counts (This Now Becomes Wall 11)

Last Revision - 15th June 2013