

# Catch Our Breath (P)

**COPPER** **KNOB**  
STEPSHEETS

Compte: 32

Mur: 0

Niveau: Partner

Chorégraphe: Paula Frohn (USA) & Michael Silva (USA) - April 2007

Musique: Catch My Breath - Kelly Clarkson



**\*\* Dedicated to Dawn Heather- Thomas \*\***

**Start on vocals.**

## **Triple Side Right, Rock Back, Recover, Triple Side Left. Rock Back, Recover**

- 1&2 Step RF side right, step LF together, step RF side right
- 3-4 Rock LF back, recover on RF
- 5&6 Step LF side left, step RF together, step LF side left
- 7-8 Rock RF back, recover on LF

## **Two Heel Switches, Four Walks Forward**

- 9-10& Touch right heel forward, Hold, step RF next to LF
- 11-12& Touch left heel forward, Hold, step LF next to RF
- 13-16 Walk forward RF, LF, RF, LF

## **Step RF Forward, Pivot ½ Left, Shuffle Forward**

- 17-18 Step RF forward, pivot ½ left change weight to LF\*
- 19&20 Step RF forward, step LF next to RF, step RF forward
- 21-22 Step LF forward, recover on RF
- 23 Touch left toe back
- 24 Pivot ½ left, keep weight on RF

**\*Drop right hands on 18, rejoin after 24.**

## **Rock Forward, Recover, Coaster Step, 4 Sways**

- 25-26 Rock LF forward, replace weight onto RF
- 27&28 Step LF back, step RF next to LF, step LF forward
- 29-32 While stepping forward RF, sway hips forward right then sway hips back left twice.

**Start Over!**

Contact: [jusgotta@megahits.com](mailto:jusgotta@megahits.com) Website: [www.jusgottacountrydance.com](http://www.jusgottacountrydance.com)