

# My Cup Runneth Over Waltz

**COPPER KNOB**  
BY STEPHENETS

**Compte:** 48

**Mur:** 1

**Niveau:** Beginner - waltz

**Chorégraphe:** Russell Breslauer (USA) - April 2013

**Musique:** My Cup Runneth Over - Ed Ames



## **WEAVE AND TURN x 2**

- 1-2-3 Step Left, over right, Right to side and Left behind right  
4-5-6 Turn ½ to the right with Right Left Right  
1-2-3 Step Left, over right, Right to side and Left behind right  
4-5-6 Turn ½ to the right with Right Left Right

## **LEFT ROCK RIGHT ROCK x 2**

- 1-2-3 Cross step Left over right, recover on Right, step Left next to right  
4-5-6 Cross step Right over left, recover on Left, step Right next to left  
1-2-3 Cross step Left over right, recover on Right, step Left next to right  
4-5-6 Cross step Right over left, recover on Left, step Right next to left

## **FORWARD x 2, BACK x 2**

- 1-2-3 Step forward Left Right Left  
4-5-6 Step forward Right Left Right  
1-2-3 Step back Left Right Left  
4-5-6 Step back Right Left Right

## **LEFT TWINKLE, RIGHT TWINKLE x 2**

- 1-2-3 Cross step Left over right, step Right to side, step Left to left  
4-5-6 Cross step Right over left, step Left to side, step Right to right  
1-2-3 Cross step Left over right, step Right to side, step Left to left  
4-5-6 Cross step Right over left, step Left to side, step Right to right

## **REPEAT**

**Contact:** Russell Breslauer - email: [BreslauerDanceSF@yahoo.com](mailto:BreslauerDanceSF@yahoo.com)

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