

Frozen

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Mark Furnell (UK) - March 2013

Musique: Freeze - Jordin Sparks : (Album: Jordin Sparks - iTunes)



[1-8] Stomp, Hold, Ball Step Touch, Turn, Turn, Behind Side Cross

- 1,2 Stomp Rt Fwd, Hold
- &3,4 Step Lt next to Rt, Step Fwd Rt, Tap Lt toe next to Rt
- 5-6 Step fwd Lt making 1/2 turn Lt, Step Rt to Rt making 1/4 turn Lt
- 7&8 Step Lt behind Rt, Step Rt to Rt, Step Left over Rt.

RESTART HERE ON WALL 5

[9-16] Switch and Switch, Heel and Heel, Step turn, shuffle

- 1&2 Touch Rt toe to Rt, Close Rt to Lt and Touch Lt toe to Lt
- &3&4 Step Lt next to Rt and Touch Rt heel Fwd, Close Rt to Lt and touch Lt heel fwd.
- &5,6 Close Lt to Rt and step fwd Rt, Pivot 1/2 turn Lt on Lt
- 7&8 Step Fwd on Rt, Close Lt to Rt, Step Fwd on Rt.

[17-24] Stomp Freeze, Switch and Switch, Stomp Freeze, Shuffle Back

- 1-2 Step Fwd on Lft, Hold
- &3&4 Close Lt to Rt and touch Rt heel Fwd, Close Rt to Lt and touch Lt heel Fwd.
- &5-6 Close Lt to right and step Fwd on Rt, Hold. Weight on Lt
- 7&8 Step back on Rt, Close Lt to Rt, Step back Rt.

[25-32] Rock Step, Turn, Coaster Step, Step, Turn, Turn

- 1,2 Rock back on Lt, Replace Lt,
- 3 Step fwd Lt making 1/2 turn Rt
- 4&5 Step Back Rt, Close Lt to Rt, Step fwd Rt
- 6,7,8 Step Fwd Lt, Step fwd Rt making 1/2 turn Lt, Step Fwd Lt making 1/2 turn Lt

(Option here is just 3 walks fwd L, R, L,)

Last Update – 31st May 2015
