

Get Loose

Compte: 32

Mur: 4

Niveau: Improver / Intermediate



Chorégraphe: Materne Georgette (FR) - March 2013

Musique: Get Loose (feat. Derry D) - Moonshine Bandits

intro: 32 counts

SCUFF ,HITCH SIDE, SCUFF, HITCH,SIDE, 1/2 TURN PADDLE TURN L

- 1&2 RF scuff, hitch, step side right
- 3&4 LF scuff, hitch, step side left
- 5&6& LF 1/8 turn L, touch RF side R,RF hitch knee, LF 1/8 turn L, touch RF side R,RF hitch knee
- 7&8 LF 1/8 turn L, touch RF side R,RF hitch knee, LF 1/8 turn L, touch RF side R,RF touch beside LF

HEEL FORWARD, HEEL SIDE, BACK STEP, HEEL FORWARD, HITCH, LOCK STEP DIAGONALLY FORWARD L AND R

- 1-2 RF touch heel forward, RF heel touch side
- 3-4& RF step back, LF touch heel forward, LF hitch
- 5&6 LF step forward diag. l, RF lock behind to LF, LF step forward diagonally left
- 7&8 RF step forward diagonally right, LF lock behind to RF, RF step forward diagonally R

WALK, WALK, SWIVEL, BACK, TOGETHER, SWIVEL

- 1-2 RF step forward, LF step forward
- 3&4 RF & LF swivel heels out, in, out
- 5-6 RF step back, LF step next to RF
- 7&8 RF & LF swivel heels out , in, out

SCUFF, HITCH 1/4 TURN L, COASTER STEP, TOE TOUCH, CHEST POP X2

- 1&2 RF scuff, RF hitch knee 1/4 turn left, RF step back
 - 3&4 LF step back, RF step next to LF, LF step forward
 - 5&6 RF touch toe, 2 x chest pop body turning left
 - 7&8 LF toe touch, 2x chest pop body turning right
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