

Boom Sh-Boom

Compte: 32

Mur: 4

Niveau: Intermediate / Advanced - WCS
feel



Chorégraphe: Rachael McEnaney (USA) - February 2013

Musique: Boom Sh-Boom - Martin Sexton : (Album: Sugarcoating - iTunes - 3:26)

Count In: 16 counts from start of track. Approx 96bpm.

Notes: There is 1 restart on the 4th wall. 4th wall begins facing 3.00 do the first 16 counts then restart facing 9.00

[1 - 8] R back rock (bump), ball cross, L side rock kick, R side, L touch, L kick ball, walk R,L.

- 1 & 2 Rock right foot back on diagonal (stepping to 4.30) as you push hips back (1), step in place on ball of left (&), cross right over left (2) 10.30
- 3 & 4 Rock left to left side (3), recover weight onto right (&), kick left foot forward (4) 12.00
- & 5 & 6 Step left next to right (&), step right to right side (5), touch left next to right (&), kick left towards left diagonal (6) 10.30
- & 7 - 8 Step in place on ball of left (&), step forward right (7), step forward left (8) (these 2 walks are both done towards diagonal) 10.30

[9 - 16] R mambo with 3/8 turn R, step L, ¼ pivot R, cross L, R side rock into weave L with heel dig

- 1 & 2 Rock forward right (1), recover weight to left (&), make 3/8 turn right stepping forward right (2) 3.00
- 3 & 4 Step forward left (3), pivot ¼ turn right (&), cross left over right (4) 6.00
- 5 & 6 & Rock right to right side (5), recover weight to left (&), cross right over left (6), step left to left side (&) 6.00
- 7 & 8 Cross right behind left (7), step left to left side (&), touch right heel towards right diagonal (8) 6.00

Restart here on 4th wall – you will be facing 9.00 wall when you restart the dance.

[17 - 24] Ball cross L, unwind full turn R, R chasse, Fwd & back rocks with hips, ½ turn R

- & 1 - 2 Step in place on ball of right (&), cross left over right (1), unwind full turn to right (weight ends left) (2) 6.00
- 3 & 4 Step right to right side (3), step left next to right (&), step right to right side (4) 6.00
- 5 - 6 Step forward on left pushing all weight forward with hip roll (5), rock weight back on to right pushing hips back (6) 6.00
- 7 - 8 Rock weight forward onto left pushing all weight forward with hip roll (7), make ½ turn right stepping forward on right (8) 12.00

[25 - 32] Walk fwd L-R, step fwd L, ¼ turn L with R ball change, cross R, full turning triple step, R toe tap-touch

- 1 - 2 Step forward left (1), step forward right (2) 12.00
- 3 & 4 Step forward left (3), make ¼ turn left as you step ball of right to right side (&), step in place on left (4) 9.00
- 5 6 & 7 Cross right over left (5), make ¼ turn right stepping back on left (6), make ½ turn right stepping forward on right (&), make ¼ turn right taking big step to left side (7) 9.00
- & 8 Bringing right foot in towards left - Tap right toe about shoulder width from left (&), touch right toe next to left (8) 9.00

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