

Rock And Roll Heart

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Amandine Cristofol (FR) - August 2011

Musique: Country Girl with a Rock and Roll Heart - Jayne Denham



Intro of 4 counts

[1 – 8] Toe strut, toe strut, out out, in in x2

- 1 – 2 right forward on ball, drop right heel
- 3 – 4 left forward on ball, drop left heel
- & 5 right to right, left to left (feet slightly appart)
- & 6 step right IN, step left next to right
- & 7 right to right, left to left (feet slightly appart)
- & 8 step right IN, step left next to right

[9 – 16] Step ½ turn x2, jazz box cross

- 1 – 2 step right forward turn ½ left
- 3 – 4 step right forward turn ½ left

Restart here on 10th wall

- 5 – 6 right cross over left, left step back
- 7 – 8 right to right side, left cross over right

[17 – 24] Shuffle on the right, rock step back, touch ½ turn, touch ½ turn

- 1 & 2 shuffle right R, L, R
- 3 – 4 left rock step back, recover on right
- 5 – 6 ½ turn right, point back left,
- 7 – 8 ½ turn right, point forward right

[25 – 32] Rock step, coaster step, step ¼ turn, syncopated forward, back

- 1 – 2 left rock step forward, recover on right
- 3 & 4 left step back, right next to left, left step forward
- 5 – 6 step right forward turn ¼ left
- & 7 & 8 small step right forward, step left together, small step right back, step left together

Tag : before the 5th wall,

- 1 – 2 right step forward, touch left next to right
- & 3 – 4 left step back, right kick, right stomp up next to left

Start again with smile !
