Tangled Up!



Compte: 48 Mur: 4 Niveau: Improver

Chorégraphe: Sebastiaan Holtland (NL) - February 2013

Musique: Tangled Up - Caro Emerald : (Single - iTunes)



16 count intro, start dancing at (09 sec).

Sec 1: [1-8] ½ Pivot L, ½ L, Back, Step Together, Syncopated hip Bumps R-L-R, L-R-L.

1-2 Step Rt forward, turn ½ left (6) take weight onto Lt.
3-4 Turn ½ left (12) step Rt back, step Lt next to Rt.

5&6 Bump R hip to right, bump L hip to left, bump R hip to right.

7&8 Bump L hip to left, bump R hip to right, bump L hip to left. (12:00)

(Option: When you do the hip bumps, you can move with your whole body).

Sec 2: [9-16] Step, ¼ R, Side, Coaster Step R, Side Rock, Recover, Behind, Side, Cross.

1-2 Step Rt forward, turn ¼ right (3) step Lt to the left. 3&4 Step Rt back, step Lt next to right, step Rt forward.

5-6 Rock Lt to the left, recover on Rt.

7&8 Step Lt behind Rt, step Rt to the right, cross Lt over Rt. (3:00)

Restart: here WALL 2 after 16 counts (facing 3 o'clock), Start again (facing 6 o'clock).

Tag: here WALL 6 after 16 counts, Start again (facing 3 o'clock).

Sec 3: [17-24] Jump Both Feet Apart, Hold, Back, ¼ L, Side, Jump Both Feet Apart, Heel Bounce, Back, ¼ L, Side.

3-4 Jump both feet apart slightly forward (&1), Hold.
Step Rt back, turn ¼ left (12) step Lt to the left.

Lamp both feet apart slightly forward (&5), lift heels off the floor, drop both heels to the floor.

7-8 Step Rt back, turn ¼ left (9) step Lt to the left.

Sec 4: [25-32] Syncopated Side Points R-L, Heel Switches R-L, Fwd Rock, Recover, ¼ R, Side, Fwd Rock, Recover.

1&2& Point Rt out to right, step Rt next to Lt, point Lt out to left, step Lt next to Rt.

3&4& Touch R heel forward, step Rt back in place, touch Lt heel forward, step Lt back in place.

5-6 Rock Rt forward, recover on Lt.

&7-8 Turn ¼ right (12) step Rt to right, Rock Lt forward, recover on Rt.

Sec 5: [33-40] Touch Back, Unwind ½ L, ¼ Pivot L, Cross, Back, Side, Step.

Touch Lt back, unwind ½ left (6) take weight onto Lt.
Step Rt forward, turn ¼ left (3) take weight onto Lt.

5-6 Cross Rt over Lt, step Lt big back.

7-8 Step Rt to the right, step Lt forward. (3:00)

Sec 6: [41-48] R Fwd Rock, Recover, 3/4 Triple R, L Fwd Rock, Recover, 3/4 Triple L.

1-2 Rock Rt forward, recover on Lt.

Triple ¾ right (12) step Rt slightly forward, step Lt beside Rt, step Rt slightly forward weight

onto Rt.

5-6 Rock Lt forward, recover on Rt.

7&8 Triple ¾ left (3) step Lt slightly forward, step Rt beside Lt, step Lt slightly forward weight onto

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Tag: Basic Tango Fwd, Walks Back L-R, ¼ L, Step, Side, Together, Hold, Syncopated Side Points & Together, Hold after start again on the words "Wicked Up"

Stepping Rt forward, Hold, stepping Lt forward, Hold, stepping Rt forward, step Lt to the left, Step Rt next to Lt, Hold.
Stepping Lt back, Hold, stepping Rt back, Hold, turn ¼ left step Lt forward, step Rt to the right, Step Lt next to Rt, Hold.
Point Rt out to right, step Rt next to Lt, point Lt out to left, step Lt next to Rt, Hold.

Start again and have fun!

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