

Little Belfast

Compte: 64

Mur: 0

Niveau: Phrased Improver



Chorégraphe: Don Pascual (FR) - February 2013

Musique: Belfast Polka / Pennsylvania Railroad - Celtic Thunder

Sequence: Intro - A - Tag - B - A - A - A16 - B - A - A - A - Final

Start when the tin whistle starts to play

This dance is specially dedicated to the « Chinook Country Line Dancers » of Calgary (Canada)

Intro (32):

Section 1: Step R to the R, behind, side, cross, R&L side toe switches, L&R forward toe switches, clap x2

- 1 Step R to the R
- 2&3 Cross L behind R, step R to the R, cross L over R
- 4&5 point R toe to R side, R beside L, point L toe to L side
- 6&7 L toe forward, L beside R, R toe forward
- &8 Clap, clap

Section 2: R back step, L coaster step, R&L side toe switches, L toe forward, L hook, L toe forward, clap x2

- 1 R back step
- 2&3 L back step, R beside L, L step forward
- 4&5 Point R toe to R side, R beside L, point L toe to L side
- 6&7 L toe forward, hook L toe across R shin, L toe forward
- &8 Clap, clap

Section 3: Step L to the L, behind, side, cross, L &R side toe switches, R&L forward toe switches, clap x2

- 1 Step L to the L
- 2&3 Cross R behind L, step L to the L, cross R over L
- 4&5 point L toe to L side, L beside R, point R toe to R side
- 6&7 R toe forward, R beside L, L toe forward
- &8 Clap, clap

Section 4: L back step, R coaster step, L&R side toe switches, R toe forward, R hook, R toe forward, clap x2

- 1 L back step
- 2&3 R back step, L beside R, R step forward
- 4&5 Point L toe to L side, L beside R, point R toe to R side
- 6&7 R toe forward, hook R toe across L shin, R toe forward
- &8 Clap, clap

Part A (32):

Section 1: Step R to the R, L cross shuffle, cross, point R to the R, step R beside L, LRL toe switches, clap x2

- 1 Step R to the R
- &2&3 Cross L over R, step R to the R, cross L over R, step R to the R
- &4 Cross L over R, point R toe to R side
- &5 Step R beside L, point L toe forward
- &6 Step L beside R, point R toe forward
- &7 Step R beside L, point L toe forward
- &8 Clap, clap

Section 2: Step L to the L, R cross shuffle, cross, point L to the L, step L beside R, RLR toe switches, clap x2

- 1 Step L to the L
- &2&3 Cross R over L, step L to the L, cross R over L, step L to the L

- &4 Cross R over L, point L toe to L side
- &5 Step L beside R, point R toe forward
- &6 Step R beside L, point L toe forward
- &7 Step L beside R, point R toe forward
- &8 Clap, clap

Section 3: R scuff hitch stomp, L shuffle forward, R heel, L toe, R heel, L stomp

- 1&2 R scuff beside L, hitch R (with a L little hop forward), R stomp forward
- 3&4 L shuffle forward (LRL)
- 5&6 R heel forward, step R beside L, L toe behind
- &7&8 L step beside R, R heel forward, step R beside L, stomp L beside R

Section 4: R Monterey turn, R forward rock step, R stomp up x2

- 1-4 Point R to R side, ½ T right on ball of L foot stepping R beside L, point L to L side, step L beside R
- 5-6 Rock R forward, recover onto L
- 7-8 Stomp up R beside L x 2

Part B (32):

Section 1: R side shuffle, L hitch &¼ T to the R , L side shuffle, R hitch & ¼ T to the R , R side shuffle, L hitch, L shuffle forward

- 1&2 Step R to R side, L next to R, R to R side
- &3&4 Hitch L making a ¼ turn R, step L to L side, R next to L, L to L side
- &5&6 Hitch R making a ¼ turn R, step R to R side, L next to R, R to R side
- &7&8 Hitch L, step L forward, step R together, step L forward

Section 2: R hook combination, L hook combination, R &L heel switches, R stomp up x3

- 1&2& Heel R forward, hook R across L shin, heel R forward, R next to L
- 3&4& Heel L forward, hook L across R shin, heel L forward, L next to R
- 5&6& Heel R forward, R next to L, heel L forward, L next to R
- 7&8 (Stomp up R next to L) x3

Sections 3 and 4: repeat sections 1 and 2

Sections 3 and 4: repeat the 16 counts of sections 1 and 2

Style: Hands at your belt during Part B

Tag (8 counts):

(R stomp to the R, L scuff beside R, L stomp to the L, R scuff beside L) x2

- 1-2 R stomp to R side, L scuff beside R
- 3-4 L Stomp to L side, R scuff beside L
- 5-6 R stomp to R side, L scuff beside R
- 7-8 L Stomp to L side, R scuff beside L

Style: Hands at your belt during the tag

Final (16 counts):

R side big step, slide L beside R, stomp L&R, L side big step, slide R beside L, stomp R&L, R fwd rock step, stomp R beside L, clap, clap, L fwd rock step, stomp L beside R, clap, clap

- 1 Big step R to R side,
- 2-3 Slide L beside R
- &4 Stomp L beside R, stomp R beside L
- 5 Big step L to L side,
- 6-7 Slide R beside L
- &8 Stomp R beside L, stomp L beside R

- 1-3 Rock R forward, recover onto L, stomp R beside L

&4 Clap, clap (above your right shoulder)
5-7 Rock L forward, recover onto R, stomp L beside R
&8 Clap, clap (above your left shoulder)

Have fun with this dance!!!

You can also dance Belfast Polka (intermediate phrased line dance) on this music

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