

Let's Rock

Compte: 48

Mur: 4

Niveau: Intermediate



Chorégraphe: Don Pascual (FR) - June 2011

Musique: Rockin' Piano Man - Micke Muster

Start on vocals

Section 1 : Toe-heel swivels out, heel-toe swivels in, heel stand, double knee pop

- 1-2 Swivel toes of both feet out, swivel heels of both feet out
- 3-4 Swivel heels of both feet in, swivel toes of both feet in

With your arms:

- on count 1, open your arms ,elbows bent, forearms upward
- on count 2, forearms downward
- on count 3, forearms upward
- on count 4, bring your arms closer in front of your chest, forearms upward

- 5-6 Lift toes of both feet to stand on heels, lower toes onto floor (Stretch your arms forward on count 5)
- 7-8 Lift heels of both feet, lower heels onto floor (hitch hike both thumbs over your shoulders on count 7)

Section 2: R toe heel cross, hold + clap, L toe heel cross, hold + clap

- 1-4 Touch R toe in towards left instep, touch R heel forward (R diagonal), cross R over L, hold + clap
- 5-8 Touch L toe in towards right instep, touch L heel forward (L diagonal), cross L over R, hold + clap

Section 3: Point R to R side, touch R beside L, R modified monterey turn, point L to L side, together

- 1-2 Point R to R side, touch R toe beside L
- 3-4 Point R to R side, ½ T right on ball of L foot stepping R beside L
- 5-6 Point L to L side, touch L toe beside R
- 7-8 Point L to L side, L foot beside R

Style:

While pointing to the R (counts 1 and 3), right hand downward (R diagonal), left hand upward (L diagonal), touch left fist over right fist while bringing R feet next to L (counts 2 and 4)
While pointing to the L (counts 5 and 7), left hand downward (L diagonal), right hand upward (R diagonal), touch right fist over left fist while bringing L feet next to R (counts 6 and 8)

Section 4: Heel struts R, L, R, L making a ¾ Turn to the R

- 1-8 R heel strut, L heel strut, R heel strut, L heel strut while making a ¾ T to the R

Style: During section 4, play the piano with your hands

Section 5: Heel, heel, back, together, knee pops R,L,R,L

- 1-2 R Heel forward (R diagonal), L heel forward beside R (L diagonal)
- 3-4 R step back, L beside R (legs slightly apart)
- 5-6 Pop R knee in (straightening L), pop L knee in (straightening R)
- 7-8 Pop R knee in (straightening L), pop L knee in (straightening R)

Section 6: L heel grind making a L ½ Turn and R step back, R&L heel jacks, jump out, jump in

- 1-2 Dig L heel forward (toes pointing R), grind heel fanning toes L while making a ½ T to the L and stepping R back (ending weight onto R)

&3&4	Step back on L, touch R heel forward (R diagonal), step R foot in place, step L beside R
&5&6	Step back on R, touch L heel forward (L diagonal), step L foot in place, step R beside L
7-8	Jump out, jump in

Final: Replace the last count of the dance with a jump cross (R cross over L)

Have fun !!!

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