

# Hurry Up, Slow Down

**COPPER** **KNOB**  
BY STEPHENETS

**Compte:** 32

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** Séverine Fillion (FR) - February 2013

**Musique:** "Hurry Up, Slow Down" by Don Derby



**Intro : 32 counts**

## [1-8] TOE STRUT FWD (RIGHT & LEFT), ROCKING CHAIR

- 1-2 Right ball fwd, drop right heel
- 3-4 Left ball fwd, drop left heel
- 5-6 Rock step right fwd,, recover on left
- 7-8 Rock step right back, recover on left

## [9-16] SIDE, CROSS KICK, SIDE, CROSS KICK, JAZZ BOX 1/4TURN

- 1-2 Right step to the right, left kick diagonally right fwd
- 3-4 Left step to the left, right kick diagonally left fwd
- 5-6 Right cross over left, left step back
- 7-8 ¼ turn right stepping right to right side, left step fwd \* Restart here on 3th wall

## [17-24] VINE, SCUFF, VINE, SCUFF

- 1-3 Right step to the right, left cross behind right, right step to the right
- 4 Scuff left next to right
- 5-7 Left step to the left, right cross behind left, left step to the left

**Option for 5-7 : Rolling vine left : ¼ turn left stepping left fwd, ½ turn left stepping right back, ¼ turn left stepping left to left**

- 8 Scuff right next to left

## [25-32] STOMP OUT, HOLD (RIGHT & LEFT), ROLLING HIPS

- 1-2 Stomp right to right side, Hold
- 3-4 Stomp left to left side, Hold
- 5-8 Rolling your hips (opposite clockwise)

**Start again and enjoy !**

**Restart: On wall 3 after 16 counts at 9:00**

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