

# Hanging Up My Heart

**COPPER** **KNOB**  
BY STEPHENETS

**Compte:** 32

**Mur:** 4

**Niveau:** Absolute Beginner



**Chorégraphe:** Martie Papendorf (SA) - February 2013

**Musique:** Hanging Up My Heart - Emmylou Harris & Rodney Crowell

**FREE Download of track on fb:**

**Download "Hanging Up My Heart" (Right-click and "Save Link As")**

<http://www.npr.org/2013/01/22/168825342/heavy-rotation-5-songs-public-radio-cant-stop-playing>

**No tags - No restarts**

**Intro. : 16 counts [+/- 8 sec.], Start on vocals**

**S1: Side, Touch, Side, Touch, Side, Together, Fwd, Touch**

1,2,3,4 Step R to right side, Touch L next to R, Step L to left side, Touch R next to L,

5,6,7,8 Step R to right side, Step L next to R, Step R fwd, Touch L next to R

**S2: Side, Touch, Side, Touch, Chasse ¼ left, Touch**

1,2,3,4 Step L to left side, Touch R next to L, Step R to right side, Touch L next to R,

5,6,7,8 Step L to left side, Step R next to L Step L fwd making ¼ a turn left, Touch R next to L [9.00]

**S3: Rock, Hold, Recover, Hold, Behind, Side, Cross, Hold**

1,2,3,4 Rock R to right side, Hold, Recover L to left side, Hold,

5,6,7,8 Cross R behind L, Step L to left side, Step R across L, Hold

**S4: Rock, Hold, Recover, Hold, Sailor step, Hitch**

1,2,3,4 Rock L to left side, Hold, Recover R to right side, Hold,

5,6,7,8 Sweep out and step L behind R, Rock R to right side, Recover L to left side, Hitch R next to L

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