

# Mama Take Me Home

**COPPER** **KNOB**  
BY STEPHENETS

**Compte:** 32

**Mur:** 4

**Niveau:** Intermediate

**Chorégraphe:** NiNa Ralliza (INA), Stefan Schützer (NOR) & Tanja Enget (NOR) - January 2013

**Musique:** Mama Take Me Home - Rednex



## Start dancing on lyrics

### WALK, WALK, SHUFFLE ½ TURN, BACK, BACK, COASTER STEP

- 1-2 Step right forward, step left forward
- 3&4 Half turn shuffle stepping right, left, right, while turning left
- 5-6 Step left back, step right back
- 7&8 Left coaster step

### STEP SLIDE, ROCK STEP TWICE, TOE & HEEL SWITCHES WITH BACK FLICK

- 1-2& Take a big step to the right & slide left together, rock left back, recover
- 3-4& Take a big step to the left & slide right together, rock right back, recover
- 5&6 Touch right to side, step right together, touch left to side
- &7&8 Step left together, right heel forward, flick right foot back while turning ¼ turn to the left, touch right heel forward

### CROSS TO THE RIGHT, SYNCOPATED WEAUV TO THE LEFT

- &1&2 Step right together, cross left over right, step right to side, cross left over right
- &3&4 Step right to side, cross left over right, step right to side, cross left over right
- 5-6 Cross right over left, step left to side
- 7&8 Cross right behind left, step left to side, cross right over left

### HEEL JACKS X3, UNWIND

- &1&2 Step left diagonally back to left, touch right heel diagonally forward, step right together, cross left over right
- &3&4 Step right diagonally back to right, touch left heel diagonally forward, Step left together, cross right over left
- &5&6 Step left diagonally back to left, touch right heel diagonally forward, step right together, cross left over right
- 7-8 Hold, unwind full turn right

### TAG: Before you start the dance in the 8th wall, you have just taken the unwind full turn right

- 1-2 Cross left over right, hold
- 3-4 Slow unwind full turn right over 2 counts

**Have Fun!**

Contact: [tanja@rockback.no](mailto:tanja@rockback.no)