

# Long Feng Cheng xiang

**Compte:** 104

**Mur:** 2

**Niveau:** Phrased Beginner

**Chorégraphe:** Linda Lee (MY) & Luvi Ong (MY) - December 2012

**Musique:** Long Feng Cheng xiang Qu Bai Nian



## Start The Dance after 32 Counts

**A. A. B. A. A- ( 33-64 ) B. A. A- ( 33-48 )**

### Intro 32 Count

1-4 Walk Fwd. R L R .step L together.( clasp both hand together. Gong xi Gong xi )

5-8 L. Hand on waist. Swing R hand out.

1-4 Walk Fwd. L R L .step R together.( clasp both hand together. Gong xi Gong xi )

5-8 R. Hand on waist. Swing L hand out.

1-4 Cross R over L. cross L over R. step R behind L. step L behind R

5-8 Repeat ( 1-4 ) ( clasp both hand together. Gong xi Gong xi )

1-4 Step R diagonal R. touch L beside R bump hips .R LR ( Roll Both Hand In front )

5-8 Step L diagonal L. touch R beside R bump hips .L R L ( Roll Both Hand In front )

### Section A ( 64 Count )

#### Walk Fwd. And Swing Both Hand

1-8 Walk Fwd. R L R . L. together. Swing both hand open from front to side

#### Back Rock. Fwd Shuffle. Fwd Rock. 1/2 Turn L. Fwd Shuffle

1-2 Rock R back. recover on L.

3&4 Step R fwd, step L behind R, step R fwd.

5-6 Rock L fwd. recover on R.

7&8 Make 1/2 turn L. step L fwd, step R behind L, step L fwd. (6.00 )

#### Toe Strut With Jazz Box Side Cross

1-8 R cross toe strut. L back toe strut. R side toe strut. L cross toe strut

#### Side Rock Cross Shuffle. 1/4 Turn R x2. Cross Shuffle.

1 -2 Rock R side. recover on L.

3&4 Cross R over L. step L behind R. Cross R over L

5-6 Make L 1/4 turn R. make R 1/4 turn R. (12.00 )

7&8 Cross L over R. step R behind L. cross L over R

#### Step Side. Touch x 2. Bump Hips. Both Hand Beating the Drum

1-4 Step R to side. Touch L beside R. make 1/4 Turn L. step L to side. touch R beside L.

5-6 7&8 Bump Hips R. L. R. L. R. ( Both hand beating the drum. R L R L R )

#### Step Side. Touch x 2. Bump Hips. Both Hand Beating the Drum

1-4 Step R to side. Touch L beside R. make 1/4 Turn L. step L to side. touch R beside L.

5-6 7&8 Bump Hips R. L. R. L. R. ( Both hand beating the drum. R L R L R )

#### Fwd Rock. Toe Strut. Back Rock. Toe Strut.

1-4 Rock R fwd. Recover on L. R back toe strut.

5-8 Rock L back. Recover on R. L fwd toe strut.

**Cross Rock. Side Shuffle**

1-2 3&4        Cross R over L. recover on L. step R side. step L tog. Step R side  
5-6 7&8        Cross L over R. recover on R. step L side. step R tog. Step L side.

**Section B ( 40 Count )****Step side. Cross Point Fwd. Step Side. Point Behind**

1-4            Step R side. cross L point fwd. step L side. cross R point fwd  
5-8            Step L side. R point behind. step R side. R point behind.

**Rocking Chair. Paddle 1/4 Turn L. x2**

1-4            Rock R fwd. recover on L. rock R back. Recover on L.  
5-8            Step R fwd. pivot 1/4 turn L. x 2

**Repeat 1-16 count****Step Side. Touch x 2. Bump Hips. Both Hand Beating the Drum**

1-4            Step R to side. Touch L beside R. step L to side. touch R beside L.  
5-6 7&8        Bump Hips R. L. R. L. R. ( Both hand beating the drum. R L R L R )

**Enjoy Your Dance = gong xi fa cai**

**Contact: [lindaluvi@gmail.com](mailto:lindaluvi@gmail.com)**

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