

Long Feng Cheng xiang

Compte: 104

Mur: 2

Niveau: Phrased Beginner

Chorégraphe: Linda Lee (MY) & Luvi Ong (MY) - December 2012

Musique: Long Feng Cheng xiang Qu Bai Nian



Start The Dance after 32 Counts

A. A. B. A. A- (33-64) B. A. A- (33-48)

Intro 32 Count

1-4 Walk Fwd. R L R .step L together.(clasp both hand together. Gong xi Gong xi)

5-8 L. Hand on waist. Swing R hand out.

1-4 Walk Fwd. L R L .step R together.(clasp both hand together. Gong xi Gong xi)

5-8 R. Hand on waist. Swing L hand out.

1-4 Cross R over L. cross L over R. step R behind L. step L behind R

5-8 Repeat (1-4) (clasp both hand together. Gong xi Gong xi)

1-4 Step R diagonal R. touch L beside R bump hips .R LR (Roll Both Hand In front)

5-8 Step L diagonal L. touch R beside R bump hips .L R L (Roll Both Hand In front)

Section A (64 Count)

Walk Fwd. And Swing Both Hand

1-8 Walk Fwd. R L R . L. together. Swing both hand open from front to side

Back Rock. Fwd Shuffle. Fwd Rock. 1/2 Turn L. Fwd Shuffle

1-2 Rock R back. recover on L.

3&4 Step R fwd, step L behind R, step R fwd.

5-6 Rock L fwd. recover on R.

7&8 Make 1/2 turn L. step L fwd, step R behind L, step L fwd. (6.00)

Toe Strut With Jazz Box Side Cross

1-8 R cross toe strut. L back toe strut. R side toe strut. L cross toe strut

Side Rock Cross Shuffle. 1/4 Turn R x2. Cross Shuffle.

1 -2 Rock R side. recover on L.

3&4 Cross R over L. step L behind R. Cross R over L

5-6 Make L 1/4 turn R. make R 1/4 turn R. (12.00)

7&8 Cross L over R. step R behind L. cross L over R

Step Side. Touch x 2. Bump Hips. Both Hand Beating the Drum

1-4 Step R to side. Touch L beside R. make 1/4 Turn L. step L to side. touch R beside L.

5-6 7&8 Bump Hips R. L. R. L. R. (Both hand beating the drum. R L R L R)

Step Side. Touch x 2. Bump Hips. Both Hand Beating the Drum

1-4 Step R to side. Touch L beside R. make 1/4 Turn L. step L to side. touch R beside L.

5-6 7&8 Bump Hips R. L. R. L. R. (Both hand beating the drum. R L R L R)

Fwd Rock. Toe Strut. Back Rock. Toe Strut.

1-4 Rock R fwd. Recover on L. R back toe strut.

5-8 Rock L back. Recover on R. L fwd toe strut.

Cross Rock. Side Shuffle

1-2 3&4 Cross R over L. recover on L. step R side. step L tog. Step R side
5-6 7&8 Cross L over R. recover on R. step L side. step R tog. Step L side.

Section B (40 Count)

Step side. Cross Point Fwd. Step Side. Point Behind

1-4 Step R side. cross L point fwd. step L side. cross R point fwd
5-8 Step L side. R point behind. step R side. R point behind.

Rocking Chair. Paddle 1/4 Turn L. x2

1-4 Rock R fwd. recover on L. rock R back. Recover on L.
5-8 Step R fwd. pivot 1/4 turn L. x 2

Repeat 1-16 count

Step Side. Touch x 2. Bump Hips. Both Hand Beating the Drum

1-4 Step R to side. Touch L beside R. step L to side. touch R beside L.
5-6 7&8 Bump Hips R. L. R. L. R. (Both hand beating the drum. R L R L R)

Enjoy Your Dance = gong xi fa cai

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