

# Catch My Breath

**COPPER** KNOB  
BY STEPHENETS

**Compte:** 32

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** Penny Tan (MY) - December 2012

**Musique:** Catch My Breath - Kelly Clarkson



**Intro : 32 counts - No Tag No Restart!**

**S1: R side shuffle, back rock recover , L side shuffle, Back rock , recover**

1&2 Step RF to R , step LF beside RF, step RF to R  
3-4 Rock back on L , recover on R  
5&6 Step LF to L, step RF beside L, step LF to L.  
7-8 Rock back on R, recover on L

**S2: Fwd rock recover, together, fwd rock recover, together, fwd ,together, side, cross back touch**

1-2& Step RF forward , recover on LF, step RF beside LF  
3-4& Step LF forward, recover on RF, step LF beside RF,  
5-6 Step RF forward ,step LF beside RF  
7-8 Step RF to R side , cross touch LF behind RF

**S3: Fwd, ¼ turn R ,cross shuffle, together , back touch, ½ turn R**

1-2 Step LF forward, ¼ turn R step RF to R side  
3&4 cross LF over RF, step RF to R side, cross LF over RF  
5-6 Jump RF to R side , step LF beside RF  
7-8 Cross touch RF behind LF , make a ½ turn R( weight on R)

**S4: Forward rock recover ,back shuffle , sway, sway, sway**

1-2 Step LF forward , recover on RF ,  
3&4 Step back on LF, lock RF in front of LF, step back on LF  
5-6 step RF back , sway hip to forward  
7-8 sway hip back, sway hip forward

**Dance again!**

**Contact:** [seremban\\_info@yahoo.com](mailto:seremban_info@yahoo.com)

---