Slow Surrender

Niveau: High Beginner

Chorégraphe: Niels Poulsen (DK) - September 2012

Musique: Overgir Mig Langsomt - Mads Langer : (iTunes)

Intro: 24 count intro (app. 15 seconds). Start with weight on R foot

[1-6] L Twinkle, R weave

Compte: 24

- 1 3Cross L over R (1), step R to R diagonal (2), step L to L diagonal (3) 12:00
- 4 6 Cross R over L (4), step L to L side (5), cross R behind L (6) 12:00

[7 – 12] Step L to L, drag R, R rolling vine

1 - 3Step L a big step to L side (1), drag R slowly towards L (2), touch R to L (3) 12:00 4 – 6 Turn ¼ R stepping fw on R (4), turn ½ R stepping back on L (5), turn ¼ R stepping R to R side (6) 12:00

[13 – 18] L cross rock side, R twinkle ¼ R

- 1 3 Cross rock L over R (1), recover on R (2), step L to L side (3) 12:00
- 4 6 Cross R over L (4), step L to L side (5), turn ¼ R on L stepping R to R side (6) 3:00

[19 – 24] Step L diagonally R, kick R, step R back, slide and point L to L over 2 counts

- 1 3 Turn 1/8 R stepping L diagonally fw R (1), hitch R knee (2), kick R fw (3) 4:30
- 4 6 Step back on R still on the diagonal (4), start sliding L to L side (5), point L to L side (6) [4:30]
- Note: when you start from the top with your L twinkle you'll square up towards 3:00

Begin again!...

Ending: You'll automatically finish facing 12:00 completing your 12th wall. Tadaah!!! 12:00

Note: Don't be afraid to move with the music turning your body to the diagonals. Just remember to stay focussed with your head, i.e. keep your home wall in mind!

Contact: niels@love-to-dance.dk - www.love-to-dance.dk





Mur: 4