

# La Bilirrubina

**Compte:** 64

**Mur:** 4

**Niveau:** Improver - salsa

**Chorégraphe:** Roosamekto Mamek (INA) - December 2012

**Musique:** La Bilirrubina - Juan Luis Guerra



**Intro: 16 count**

## **ROCKING CHAIR, BACK LOCK SHUFFLE**

- 1-2 Step R forward – Recover to L
- 3-4 Step R back – Recover to L
- 5-6 Step R forward – Recover to L
- 7&8 Step R back – Lock L over R – Step R back

## **ROCKING CHAIR, FORWARD LOCK SHUFFLE**

- 1-2 Step L back – Recover to R
- 3-4 Step L forward – Recover to R
- 5-6 Step L back – Recover to R
- 7&8 Step L forward – Lock R behind L – Step L forward

## **WALK FORWARD, FORWARD MAMBO**

- 1-2 Step R forward – Step L forward
- 3-4 Step R forward – Step L forward
- 5-6 Step R forward – Step L forward
- 7&8 Rock R forward – Recover to L – Step R together

## **WALK BACK, BACK MAMBO**

- 1-2 Step L back – Step R back
- 3-4 Step L back – Step R back
- 5-6 Step L back – Step R back
- 7&8 Rock L back – Recover to R – Step L together

## **SIDE, RECOVER, CHA CHA ON THE SPOT**

- 1-2 Step R to side – Recover to L
- 3&4 Step R together – Step L in place – Step R in place
- 5-6 Step L to side – Recover to R
- 7&8 Step L together – Step R in place – Step L in place

## **V STEP, JAZZ BOX ¼ TURN RIGHT**

- 1-2 Step R diagonally forward – Step L diagonally forward
- 3-4 Step R back to centre – Step L together
- 5-6 Cross R over L – Turn ¼ right step L back
- 7-8 Step R to side – Step L together

## **HOOK**

- 1-2 Cross R over L – Step L back and slide R forward
- 3-4 Step R in place – Sweep L from back to front
- 5-6 Cross L over R – Step R back and slide L forward
- 7-8 Step L in place – Sweep R from back to front

## **HEEL FORWARD, ¼ TURN LEFT, COASTER STEP**

- 1-2 Step R heel forward – Turn ¼ left step R back
- 3&4 Step L back – Step R together – Step L forward

5-6 Step R heel forward – Turn  $\frac{1}{4}$  left step R back  
7&8 Step L back – Step R together – Step L forward

**REPEAT**

**TAG: End of wall 2 (facing 6:00)**

1-2 Step R to side bump hips to right – Bump hips to left  
3-4 Bump hips to right – Bump hips to left

**TAG: On wall 7 (facing 6:00) dance until 32 counts then do this 4 count Tag.**

1-2 Step R heel forward – Turn  $\frac{1}{4}$  left step R back  
3&4 Step L back – Step R together – Step L forward

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