

# Stupid Heart

COPPERKNOB  
STEPPERS

Compte: 64

Mur: 4

Niveau: Intermediate



Chorégraphe: Ria Vos (NL) - November 2012

Musique: My Heart Is Refusing Me - Loreen : (Album: Heal or Single - New Version)

## Intro: 32 Counts

### Side Rock, Kick-Cross, Point, ¼ L, ½ L, Shuffle ½ Turn L

- 1-2 Rock R to R Side, Recover on L
- 3&4 Kick R Fwd, Cross R Over L, Point L to L Side
- 5-6 ¼ Turn L Step weight on L, ½ Turn L Step Back on R
- 7&8 Shuffle ½ Turn L Stepping L, R, L

### Rock Fwd, ¼ R, Cross, ¼ R, Sweep ¼ Turn R, Samba Step

- 1-2 Rock Fwd on R, Recover on L
- 3-4 ¼ Turn R Step R to R Side, Cross L Over R
- 5-6 ¼ Turn R Step Fwd on R, Sweep L into ¼ Turn R
- 7&8 Cross L Over R, Rock R to R Side, Recover on L

### Cross Rock, Chasse R, Cross, Monterey ½ Turn R

- 1-2 Rock R Over L, Recover on L
- 3&4 Step R to R Side, Step L Next to R, Step R to R Side
- 5-6 Cross L Over R, Point R to R Side
- 7-8 ½ Turn R Step R Next to L, Point L to L Side

### Cross, Full Turn L (¼ L, ½ L, ¼ L), Behind, ¼ R, Step Pivot ½ Turn R

- 1-2 Cross L Over R, ¼ Turn L Step Back on R
- 3-4 ½ Turn L Step Fwd on L, ¼ Turn L Step R to R Side
- 5-6 Step L Behind R, ¼ Turn R Step Fwd on R
- 7-8 Step Fwd on L, Pivot ½ Turn R

### Diagonal Step, Lock, Diag. Lock Step Fwd, Diagonal Step, Lock, Kick-Ball-Cross

- 1-2 Step L Fwd to L Diagonal, Lock R Behind L
- 3&4 Step L Fwd to L Diagonal, Lock R Behind L, Step L Fwd to L Diagonal
- 5-6 Step R Fwd to R Diagonal, Lock L Behind R
- 7&8 Kick R to R Diagonal, Step R Next to L, Cross L Over R

### Side, Bounce ¼ L, Hitch ¼ L, Side, Point, ¼ R Fwd, Scuff Turning ½ R

- 1 Step R to R Side
- 2-3 Bounce Heels for 2 Counts Turning ¼ L (ending weight on R)
- 4-5 Hitch L into ¼ Turn L, Step L to L Side
- 6-7 Point R to R Side, ¼ Turn R Step weight on R
- 8 Scuff L Next to R and Turn ½ R Slightly Hitching L (ready to go BACKwards)

### Back, Back, Coaster Step, Point Fwd-Side, Hitch-Side-Together

- 1-2 Step Back on L, Step Back on R
- 3&4 Step Back on L, Step R Next to L, Step Fwd on L
- 5-6 Point R Fwd, Point R to R Side
- 7&8 Hitch R, Step R to R Side, Step L Next to R

### Side Rock, Sailor ¼ R, Rock Fwd, Coaster Cross

- 1-2 Rock R to R Side, Recover on L

3&4            Step R Behind L Turning  $\frac{1}{4}$  R, Step L Next to R, Step Fwd on R  
5-6            Rock Fwd on L, Recover on R  
7&8            Step Back on L, Step R Next to L, Cross L Over R

Contact: [dansenbijria@gmail.com](mailto:dansenbijria@gmail.com)

---