

Damned

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Ivonne Verhagen (NL) - November 2012

Musique: I'll Be Damned - Pure Prairie League



Dance starts after 16 counts (on vocals)

KICK FORWARD, KICK SIDE, SAILOR STEP, KICK FORWARD, KICK SIDE, SAILOR STEP ¼ LEFT

1,2 RF kick forward, RF kick side,
3&4 RF cross behind LF, LF step side, RF step side
5,6 LF kick forward, LF kick side,
7&8 ¼ turn left & LF cross behind RF, RF step side, LF step forward

KICK BALL CHANGE, ROCK STEP, TOUCH HOP STEP, COASTER STEP

1&2 RF kick forward, RF step RF in place, LF step in place
3-4 RF rock forward, LF weight back on LF
5&6 RF touch toe back, LF hop on LF back (& lift RF), RF step back
7&8 LF step back, RF close to LF, LF step forward

STEP, ¼ TURN LEFT, SIDE TOUCH & SIDE TOUCH, ARM MOVEMENT, KNEE UP, ROCK STEP ¼ TURN LEFT

1-2 RF step forward, ¼ turn left & weight on LF
3&4& RF touch toe to the right side, Rf step centre, LF touch toe to the left side, weight on LF
5-6 Both arms over your head to the left (make a circle), pull arms in and lift right knee up
7&8 RF rock to the right side, ¼ turn left & weight on LF

SHUFFLE FORWARD, ROCK STEP, COASTER STEP, OUT OUT IN IN

1&2 RF step forward, LF close to RF, RF step forward
3-4 LF rock forward, RF weight back on RF,
5&6 LF step back, RF close to LF, LF step forward
&7&8 RF step out, LF step out, RF step in , LF step in

Have fun!!

Contact:-

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