

# Sincerita

**Compte:** 32

**Mur:** 4

**Niveau:** High Beginner / Improver

**Chorégraphe:** Meiske Pamaputera (INA) - November 2012

**Musique:** Sincerità - Arisa : (Album: Radio Italia - 30 ANNI)



**Count in; 2 count when she sings Sin-CE-rita.**

**( 1- 8 ) Rock forward, recover, shuffle back, back rock, shuffle ½ turn left**

- 1-2 Rock forward on left, recover on right.
- 3&4 Stepping back left, right, left
- 5-6 Rock back on right, recover on left
- 7&8 Shuffle ½ turn left, stepping back left, right, left ( 06;00 )

**( 9-16 ) Step back, brush, shuffle ½ turn right , step forward, pivot, shuffle forward**

- 1-2 Step back on left, brush right.
- 3&4 Shuffle ½ turn right stepping forward right. left, right.( 12:00 )
- 5-6 Step forward on left, ½ turn right (weight on right )
- 7&8 Stepping forward left, right, left ( 06;00 )

**( 17- 24) Full turn left, shuffle forward, rock recover, coaster step**

- 1-2 Make ½ turn left stepping back on right, make ½ turn left stepping forward on left ( 06 :00 )
- 3&4 Stepping forward right, left, right.
- 5-6 Rock forward on left, recover on right
- 7&8 Step back on left , right beside left, step forward on left ( 06:00 )

**( 25-32 ) Step forward, ¼ turn left, cross shuffle right, weave, sway left & right.**

- 1-2 Step forward on right, ¼ turn left stepping on left ( 09;00 )
- 3&4 Cross right over left, step left to left, cross right over left
- &5&6 Step left to left, cross right behind, step left to left, cross right over left
- 7-8 Sway left to left and right ( 09;00 )

**Contact - Website : [www.meiskedance.com](http://www.meiskedance.com) / [www.sagitadance.com](http://www.sagitadance.com).**

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