

# Un Mes

**Compte:** 32

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** Nicole LeBrun (CAN) - October 2012

**Musique:** Un Mes - Mara



## **(1-8) Right point forward, Right point side, sailor (repeat left)**

- 1-2 Point right toe forward, point right toe to the side
- 3&4 Step right behind left, step left to left, step right beside left
- 5-6 Point left toe forward, point left toe to the side
- 7&8 Step left behind right, step right to right, step left beside right

## **(9-16) Heel and heel and heel dig, hip bump**

- 1&2& Right heel forward, step back right, left heel forward, step left back
- 3-4 Right heel forward, dig turn left ¼ turn
- 5&6 Bump hip left, right, left
- 7&8 Bump hip right, left, right

## **(17-24) Walk back right, left, right, left, mambo right, mambo left**

- 1-2-3-4 Walk back right, left, right, left
- 5&6 Step right to right, rock on to left, step right next to left
- 7&8 Step left to left, rock on to right, step left next to right

## **(25-32) Skate right, left, right, left forward, 4 1/8 hitch turn left (paddle turn)**

- 1-2-3-4 Skate forward with right foot, then left, then right, then left
- 5-6-7-8 Hitch and turn together using hitch momentum to carry through ½ turn Turning left, keep weight on left foot

**Repeat**

**Tag: 4 count hold DO NOTHING.... OK SMILE !!!!**

**At the end of wall 5 (you should be facing 3 o'clock wall)**

**Contact: mommy-nicky@hotmail.com**

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