

Let Me Be Yours

COPPER KNOB
BY STEPHENETS

Compte: 52

Mur: 2

Niveau: Advanced - smooth



Chorégraphe: Maria Maag (DK) - October 2012

Musique: One and Only - Adele : (5:48)

4 Tag / Restarts :-

On wall 2 (after 32 count, facing 6 o'clock)

On wall 4 (after 32 count, facing 12 o'clock) there's a easy 16counts Tag, then Restart dance, detail below.

On wall 5 (after 50 count, facing 6 o'clock) Touch L next to R on count 50

On wall 6 (after 32 count, facing 12 o'clock)

Ending : On wall 7 (after 16 counts, facing 9 o'clock) Touch R back (1), ¼ R stepping down R(&)

Intro: 8 counts from first beat in music, Weight on R

Phrasing: 52, 32, 52, 32, TAG 16, 50, 32, 17

[1 - 8] Lunge L, triple 1 ¾ turn R and sweep R, behind side cross, turn ¼ R, slide R back ¼ R on R cross L over R, basic R, ¼ R stepping L back

1,2&a Lunge L to L side(1), ¼ R stepping down R (2), ½ R stepping back L(&), ½ R stepping R fw. (a) 03:00

3,4&a ½ R stepping back L and sweep R (3), cross R behind L (4), step L to side (&), cross R over L (a) 09:00

5,6&a ¼ R stepping back L (5), slide R back (6), ¼ R stepping down R (&), cross L over R (a) 03:00

7,8&a Step R to side (7), close L behind R (8), cross R over L (&), ¼ R stepping back L (a) 06:00

[9 - 16] ½ R, step ¼ R, cross rock L, recover R, basic L, ¼ R step, spin full turn R, step R fw, spin full turn R, step sweep ¼ L, mambo fw. L

1,2&a ½ turn R stepping down R (1), step fw. L (2), ¼ R stepping down R (&), cross rock L over R (a) 03:00

3,4&a Recover R (3), step L to side (4), close R behind L (&), cross L over R (a) 03:00

5&6& ¼ R stepping down R (5), step L next to R and do a full turn spin R (&), step fw. R (6), step L next to R and do a full turn spin R (&) 06:00

7,8&a Step fw. R sweep L a ¼ R (7), rock fw. L (8), recover R (&), step back L (a) 09:00

[17 - 24] step back R, L next to R, heel turn ½ L, rock fw. L, recover R back L ½ turn R fw. R, ¼ R point L hitch L, step point R, ½ spiral turn R, step fw. R ¼ R stepping L to side, R next to L

1,2&a Big step back R (1), step L next to R (2), ½ L on both heels weight ends on L (&), step fw. R (a) 03:00

3,4&a Rock fw. L (3), recover R (4), step back L (&), ½ R stepping down R (a) 09:00

5,6&a ¼ R Point L to side and bend R knee (5), hitch L and stretch R (6), step L next to R (&), make a small point R (a) 12:00

7,8&a ½ spiral turn R on L (7), step fw. R (8), ¼ R stepping L to side (&), step R next to L (a) 09:00

[25 - 32] Rock R recover, ½ turn L ½ turn L, back rock recover ½ turn R step back L, back R, back L sweep R, back R sweep L, back L sweep R, behind side cross

1,2&a Rock L diagonally R (1), recover R (2), ½ L stepping fw. L (&) 1/2 L stepping back R (a) 10:30

3,4&a Back rock L (3), recover R (4), ½ R stepping back L (&), step back R (a) 04:30

5 - 6 Step back L sweep R (5), step back R sweep L (6), 04:30

7,8&a Step back L sweep R and turn 1/8 R(7), cross R behind L (8), step L to side (&), cross R over L (a) 06:00

[33 - 40] Vine ¼ L, step R ½ turn L sweep L, back rock side rock, cross rock side, step ½ turn L ½ turn L, hitch ¼ L

1,2&a Step L to side (1), cross R behind L (2), ¼ L stepping fw. L (&), step fw. R (a) 03:00

3,4&a ½ L sweep L (3), back rock L (4), recover R (&), rock L to side (a) 09:00
5,6&a Recover R (5), cross rock L over R (6), recover R (&), step L to L side (a) 09:00
7,8&a Step R fw.(7), ½ L stepping L fw. (8), ½ L stepping R back (&), ¼ L and hitch L (a) 06:00

[41 - 48] Side back rock, side back rock, side rock cross, turn turn cross, side rock cross, turn turn cross, step touch point, touch step together

1&a2&a Step L to side (1), rock R behind L (&), recover L (a), step R to side (2), rock L behind R (&), recover R (a) 06:00
3&a4&a Rock L to side (3), recover (&), cross L over R (a), ¼ L stepping R back (4), ¼ L stepping L to side (&), cross R over L (a) 12:00
5&a,6&a Rock L to side (5), recover (&), cross L over R (a), ¼ L stepping R back (6), ¼ L stepping L to side (&), cross R over L (a) 06:00
7&a8&a Step L to side (7), touch R next to L (&), point R to side (a), touch R next to L (8), step R to side (&), step L next to R (a) 06:00

[49 - 52] Cross side rock , cross side rock, cross and 1 ½ spiral turn L

1&a2&a Cross R over L (1), rock L to side (&), recover R (a), cross L over R (2) Rock R to side (&), recover L (a) 06:00
3 - 4 Cross R over L and make a ½ spiral turn L, do another full spiral turn L (4) 12:00

Tag : 16 counts on wall 4 (after 32 counts of dance) facing 12 o`clock

[1 - 8] L basic, R basic, rolling vine 1 ¼ L, step ½ turn L, sweep 1/4 L touch R

1 – 2& Step L to side (1), close R behind L (2), cross L over R (&) 12:00
3 – 4& Step R to side (3), close L behind R (4), cross R over L (&) 12:00
5 – 6& ¼ L Stepping L fw. (5), ½ L stepping back R (6), ½ L stepping L fw. (&) 09:00
7 – 8&a Step fw. R (7), ½ turn L stepping down L (8), sweep R ¼ L (&), touch R next to L (a) 12:00

[9 - 16] R basic, L basic, rolling vine 1 ¼ R, step ½ turn R, sweep 1/4 R touch L

1 – 2& Step R to side (1), close L behind R (2), cross R over L (&) 12:00
3 – 4& Step L to side (3), close R behind L (4), cross L over R (&) 12:00
5 – 6& ¼ R stepping R fw. (5), ½ R stepping back L (6), ½ R stepping R fw. (&) 03:00
7 – 8&a Step fw. L (7), ½ turn R stepping down R (8), sweep L ¼ R (&), touch L next to R (a) 12:00

Enjoy...:-)

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