

# Tiny Black Heart

Compte: 32

Mur: 4

Niveau: Absolute Beginner

Chorégraphe: Hayley Wheatley (UK) - September 2012

Musique: Black Heart - Stooshe : (EP - iTunes)



This dance is choreographed as an 'easy option' or Floor Split to Kate Sala's wonderful "Black Heart" dance.

16 count intro.

## Rock Back, Cross Step, Chasse, Rock Back, Cross Step, Chasse With 1/4 Turn Right.

- 1, 2 Cross rock on L behind R. Cross step on R over L.
- 3 & 4 Step L to left side. Step R next to L. Step L to left side.
- 5, 6 Cross rock on R behind L. Cross step L over R.
- 7 & 8 Turn 1/4 right stepping forward on R. Step L next to R. Step forward on R. (3 o'clock)

## Rock Forward, Recover, Shuffle Back, Rock Back, Recover, Shuffle forward.

- 1, 2 Rock forward on L. Recover back on R.
- 3 & 4 Step back on L, Step R next to L, Step back on L.
- 5, 6 Rock back on R. Recover forward on L.
- 7 & 8 Step forward on R. Step L next to R. Step forward on R.

## Heel Switches and touch, Steps Back, Coaster Step

- 1 & 2& Tap L heel forward, Step L next to R, Tap R heel forward, Step R next to L.
- 3 & 4 Tap L heel forward, Step L next to R, Touch R toe next to L foot.
- 5, 6 Step back on R, Step back on L.
- 7 & 8 Step back on R, Step L next to R, Step forward on R

## Grapevine Left, Step & Sway Right, Sway Left, Sailor Step.

- 1, 2 Step L to L side, Cross step R behind L.
- 3, 4 Step L to L side, Touch R toe next to L foot.
- 5, 6 Step R to right side swaying hips right. Sway hips left.
- 7 & 8 Cross step R behind L. Step L to left side. Step R to right side.

Start Again!

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