

Soul 2 Soul

Compte: 32

Mur: 4

Niveau: Intermediate

Chorégraphe: Kate Sala (UK) - September 2012

Musique: Alive - Sonique : (Album: Alive EP)



Intro: 16 count – Start on main vocals

Section 1: Step, Step Pivot 1/2, Step, Step Pivot 1/2, Forward Lock Step, Mambo Sweep

- 1 Step right forward.
- 2 & 3 Step left forward. Pivot 1/2 turn right. Step left forward
- 4 & 5 Step right forward. Pivot 1/2 turn left. Step right forward
- & 6 Lock step left behind right. Step right forward.
- 7 & 8 Rock forward on left. Rock back onto right. Step left back sweeping right out to side.

Section 2: Sailor Step, Sailor 1/4, Walk Back x 2, Back, Touch, Forward, Touch, Coaster

- 1 & 2 Cross right behind left. Step left to left side. Step right to right side
- & 3 & Cross left behind right. Step right to side. Turn 1/4 right stepping left back. (3:00)
- 4& Step back right, back on left
- 5 & Step back right. Touch left toe beside right instep.
- 6 & Step left forward. Touch right toe beside left instep.
- 7 & 8 Step right back. Step left beside right. Step right forward.

Section 3: Hitch 1/2 Turn, Cross x 2, Rock & Cross, Reverse Full Turn into Basic NC, Side

- & Hitch left knee and pivot 1/2 right on ball of right. (9:00)
- 1 – 2 Cross left over right. Cross right over left.
- 3 & 4 Rock left to left side. Recover onto right. Cross left over right.
- 5 & Turn 1/4 left stepping right back. Turn 1/2 left stepping left forward.
- 6 Turn 1/4 left stepping right to right side.
- 7 & 8 Cross rock left behind right. Recover onto right. Step left long step to left side.

Section 4: Back Rock, Side Rock, Cross Rock, 1/4, Step Pivot 1/4 Step, Full Turn, Step Lock

- 1 & Cross rock right behind left. Recover onto left.
- 2 & Rock right to right side. Recover onto left.
- 3 & Cross rock right over left. Recover onto left.
- 4 Turn 1/4 right stepping right forward.
- 5 & 6 Step left forward. Pivot 1/4 turn right. Step left forward.
- 7 & Turn 1/2 left stepping right back. Turn 1/2 left stepping left forward. (3:00)
- 8 & Step right forward. Lock left behind right.

Tag: End of Wall 2 (facing back wall):

- 1 Step right forward.
 - 2 & 3 Rock forward on left. Recover onto right. Step left back.
 - 4 & Rock back on right. Recover onto left.
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