

Inside Blue Jeans

Compte: 64

Mur: 4

Niveau: Intermediate

Chorégraphe: Roz Chaplin (UK) & Val Parry (UK) - October 2012

Musique: Inside Out - Love and Theft : (CD: Love and Theft)



32 Count Intro

ROCKING CHAIR, SIDE ROCK, CROSS, HOLD/CLAP

- 1-2 Rock forward on right, recover onto left
- 3-4 Rock back on right, recover onto left
- 5-6 Rock right to right side, recover onto left
- 7-8 Cross right over left, Hold/Clap

TOE STRUT BACK, SIDE ROCK, JAZZ BOX ¼, HOLD

- 1-2 Touch Left toe back, drop Left heel to ground
- 3-4 Rock Right to right side, recover onto Left,
- 5-6 Cross Right over Left, Step back on Left
- 7-8 Turn ¼ right stepping forward on Right, Hold (3)

FORWARD ROCK, STEP, HITCH, RUN BACK X3, HOLD

- 1-2 Rock forward on left, recover on right
- 3-4 Step back on left, hitch right knee up
- 5-6 Step back right, step back left
- 7-8 Step back right, Hold

COASTER STEP, LOCK STEP, ¾ TURN, HOLD

- 1-2 Step back on Left, Step Right next to Left
- 3-4 Step long step forward on Left, Lock Right behind Left
- 5-6 Step forward on Left, Turn ½ left stepping back on Right (9)
- 7-8 Turn ¼ left stepping Left to left side, Hold (6)

SCISSOR STEP, HOLD & CLAP, SIDE, TOGETHER, FORWARD, HOLD

- 1-2 Step right to right side, close left beside right
- 3-4 Cross right over left, Hold/Clap
- 5-6 Step left to left side, close right beside left
- 7-8 Step left forward, Hold

SIDE TOGETHER BACK, HOLD, BACK MAMBO, HOLD

- 1-2 Step Right to right side, Close Left next to Right
- 3-4 Step back on Right, Hold
- 5-6 Rock back on Left, Recover on Right
- 7-8 Step forward on Left, Hold

Restart Here Wall 3

STEP, PIVOT ½ TURN, JAZZ BOX ¼ TURN, POINT, TOUCH

- 1-2 Step forward on right, pivot ½ turn left (12)
- 3-4 Cross right over left, step back on left
- 5-6 Turn ¼ right stepping right to right side, step left beside right (3)
- 7-8 Point right to right side, touch right beside left

HEEL HOOK, STEP FORWARD, TOUCH, COASTER STEP, HOLD

- 1-2 Dig Right heel forward, Hook Right foot in front of Left knee
- 3-4 Step forward on Right, Touch Left next to Right

5-6 Step back on Left, Step Right next to Left
7-8 Step forward on Left, HOLD
