

# Skyfall

Compte: 32

Mur: 2

Niveau: Intermediate

Chorégraphe: Val Parry (UK) - October 2012

Musique: Skyfall - Adele



## INTRO – 32 Counts Starts on Main Vocals

### Forward Rock, Full turn back, back back cross x2, ¾ turn

- 1-2 & Forward Rock on Left, Recover on Right, Close Left to Right (&)  
3-4 Turn ½ right stepping forward on Right, Turn ½ right stepping back on Left  
&5 Step back on Right, Step Back on Left,  
6&7& Cross Right over Left, Step back on Left, Step back on Right, Cross Left over Right,  
8& Turn ¼ left stepping back on Right, Turn ½ left stepping forward on Left [3]

### ¼ Side rock cross, Side rock cross, Side drag and cross, Side rock

- 1-2& Turn ¼ left rocking Right to right side, Recover on Left, Cross Right over Left, [12]  
3-4& Rock Left to left side, Recover weight on Right, Cross Left over Right  
5-6& Long Step to right, drag Left to Right, Take weight on Left  
7-8& Cross Right over Left, Rock Left to left side, Recover weight on Right \*\*\* [12]

\*\*\* Restart Here WALL 4

### Mambo ¼,, Pivot full turn, Coaster Cross, Turn ¼, Step back, Back Rock

- 1 – 2& Rock forward on Left, Recover on Right, Turn ¼ Left stepping forward on Left (&), [9]  
3&4& Step forward on Right, Pivot ½ left, Turn ½ stepping back on Right, Step back on Left  
5-6& Step back on Right, Step together on Left, Cross Right in front of Left  
7- 8& Turn ¼ Right stepping Left back, Rock back on Right, Recover on Left [12]

### Turn ½, Back rock ½, Run around ½ turn, Run forward 2, Rocking Chair

- 1-2&3 Turn ½ left stepping back Right, Rock back on Left, Recover on Right, Turn ½ right stepping back on Left  
4 & 5 Run around ½ turn right stepping Right, Left, Right,  
6 & Run forward Left Run  
7&8& Rock forward on Left, Recover on Right, Rock back on Left, Recover on Right [6]

\*\*\*\* There is ONE RESTART on WALL 4

ENDING - The dance finishes on the back wall on count 32 – To finish front Step forward on Left, Cross Right over Left and slowly unwind to the front

Contact - EMAIL: [val@dancers-r-us.co.uk](mailto:val@dancers-r-us.co.uk) - <http://www.dancers-r-us.co.uk>