Rolling In The Deep

Compte: 64

(Intro: 8 counts)

Niveau: Intermediate

Chorégraphe: Kaz Smetham - June 2011

Musique: Rolling in the Deep - Adele : (Album: 21)

1,2	Step R forward, step L forward,		
3&4	Step R to the side, side rock onto left, step R forward,		
5,6	Step L forward, step R forward,		
7&8	Step L to the side, side rock onto right, step L forward. (12:00)		
FORWARD, BACK, ½ SHUFFLE FORWARD, FORWARD, BACK, COASTER STEP			
1,2	Step R forward, rock back onto left,		
3&4	Turning 180 degrees right shuffle forward: R-L-R,		
5,6	Step L forward, rock back onto right,		
7&8	Coaster: step L back, step R together, step L forward. (6:00)		
SIDE-ROCK-ACROSS, SIDE-ROCK-ACROSS, FORWARD, BACK, ½ SHUFFLE FORWARD			
1&2	Step R to the side, side rock onto left, step R across in front of left,		
3&4	Step L to the side, side rock onto right, step L across in front of right,		
5,6	Step R forward, rock back onto left,		
7&8	Turn 180 degrees right shuffle forward: R-L-R. (12:00)		
ACROSS, TOUCH, ACROSS, TOUCH, ¼ TURN JAZZ BOX			
1,2	Step L across in front of right, touch R toe to the side,		
3,4	Step R across in front of left, touch L toe to the side,		
5,6	Step L across in front of right, turn 90 degrees left step R back,		
7,8	Step L to the side, touch R together. (9:00)		
VAUDEVILLE, VAUDEVILLE, FORWARD, BACK, ½ SHUFFLE			
1&2&	Step R across in front of left, step L to the side, touch R heel forward, step R together,		
3&4&	Step L across in front of right, step R to the side, touch L heel forward, step L together,		
5,6	Step R forward, rock back onto left,		
7&8	Turn 180 degrees right shuffle forward: R-L-R. (3:00)		
FORWARD, FORWARD, QUICK-PIVOT TURN, FORWARD, FORWARD, QUICK-PADDLE TURN, TOUCH			
1,2	Step L forward, step R forward,		
3&4	Pivot: step L forward, turn 180 degrees right, take weight onto right, step L forward,		
5,6	Step R forward, step L forward,		
7&8	Paddle: step R forward, turn 90 degrees left, take weight onto left, touch R together. (6:00)		

FORWARD, FORWARD, SIDE-ROCK-FORWARD, FORWARD, FORWARD, SIDE-ROCK-FORWARD

SAMBA CROSS, SAMBA CROSS, FORWARD, BACK, FULL TURN TRIPLE STEP

- 1&2 Samba: step R across in front of left, step L to the side, step R to the side,
- 3&4 Samba: step L across in front of right, step R to the side, step L to the side,
- 5,6 Step R forward, rock back onto left,
- Turning 360 degrees right triple step: R-L-R. (6:00) 7&8

SAMBA CROSS, SAMBA CROSS, FORWARD, BACK, FULL TURN TRIPLE STEP

- 1&2 Samba: step L across in front of right, step R to the side, step L to the side,
- 3&4 Samba: step R across in front of left, step L to the side, step R to the side,





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5,6	Step L forward, rock back onto right,		
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7&8 Turning 360 degrees left triple step: L-R-L. (6:00)

[64] REPEAT