

Left Hand Man

Compte: 48

Mur: 4

Niveau: Improver

Chorégraphe: Roz Chaplin (UK) & Colin B. Smith (UK) - August 2012

Musique: Left Hand Man - Josh Turner : (CD: Punching Bag)



ROCKING CHAIR, FORWARD ROCK, ¼ TURN, HOLD

- 1-2 Rock forward on right, recover onto left
- 3-4 Rock back on right, recover onto left,
- 5-6 Rock forward on right, recover onto left
- 7-8 Make ¼ turn right stepping back on right, Hold (3)

REVERSE RUMBA BOX WITH HOLDS

- 1-2 Step left to left side, step right beside left
- 3-4 Step back on left, Hold
- 5-6 Step right to right side, step left beside right
- 7-8 Step forward on right, Hold

BOTAFOGO'S, PIVOT ¼ TURN, CROSS, POINT

- 1&2 Step left forward, rock right to right side, recover onto left
- 3&4 Step right forward, rock left to left side, recover onto right
- 5-6 Step left forward, pivot ¼ turn to right (6)
- 7-8 Cross left over right, point right to right side

RESTART:- On wall 3, restart the dance again at this point

CROSS, SIDE, SAILOR STEP, SAILOR ¼ TURN, PIVOT ½ TURN

- 1-2 Cross right over left, step left to left side
- 3&4 Step right behind left, step left to left side, step right to right side
- 5&6 Step left behind right, make ¼ turn to left stepping right to right side, step left to left side (3)
- 7-8 Step right forward, pivot ½ turn to left (9)

CROSS, POINT, SHUFFLE, ROCKING CHAIR

- 1-2 Cross right over left, point left to left side
- 3&4 Step left forward, step right beside left, step left forward
- 5-6 Rock forward on right, recover onto left
- 7&8 Rock back on right, recover onto left

ROCK STEP, SHUFFLE ½ TURNS, ROCK STEP

- 1-2 Rock forward on right, recover onto left
- 3&4 Make ½ turn to right stepping right, left, right (3)
- 5&6 Make ½ turn to right stepping left, right, left (9)
- 7-8 Rock back on right, recover onto left