

# Human Spirit

**COPPER** **KNOB**  
BYEBSHETS

**Compte:** 32

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** Birthe Tygesen (DK) - August 2012

**Musique:** Human Spirit - Amy Macdonald



(Intro 16 counts)

**sec. 1: Step, brush, step, brush, shuffle fwd, rock step**

1,2,3,4            step R forward, brush L, step L forward, brush R  
5&6                step forward R, step L next to R, step forward R  
7,8                rock forward L, recover onto R

**sec. 2: Shuffle back, rock step, Rocking Chair**

1&2                step back L, step R next to L, step back L  
3,4                rock back R, recover onto L  
5,6,7,8            rock forward R, recover onto L, rock back onto R, recover onto L

**(\*\*During Wall 3 restart the dance here to the back wall)**

**sec. 3: Monterey 1/4 turn, Rocking Chair**

1,2,3,4            point R to R side, 1/4 turn R step R next to L, point L to L side, step L next to R  
5,6,7,8            rock forward R, recover onto L, rock back onto R, recover onto L

**sec. 4: paddle 1/4 turn, paddle 1/4 turn, step, touch, back, touch**

1,2,3,4            step forward R, 1/4 turn L weight to L, step forward R, 1/4 turn L weight to L  
5,6                step R forward to R diagonal, touch L next to R,  
7,8                step L back to L diagonal., touch R next to L

**\*\*RESTART: wall 3 after 16 counts - Restart the dance (6:00)**

Enjoy :-)

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