

# Painted Heart

**COPPER KNOB**  
BY STEPHEN METZ

Compte: 64

Mur: 2

Niveau: Phrased Improver



Chorégraphe: Danping Chen (CN) - July 2012

Musique: Hua Xin (畫心) - Jane Zhang (張靚穎)

**Dance Sequence: AAA ,Tag1(16),AAABB,Tag2(6),AAA,End(8)**  
The music is the theme song of the Chinese film, *Painted Skin*.

**Intro: start the dance at the vocals after 31 counts(26sec).**

## **A: PATTERN - 32 counts**

**WALK, WALK ,ROKING CHAIR STEP,BACK,SWEEP,SWEEP,BACK,SIDE, CROSS**

- 1- 2            Walk forward on left, Walk forward on right
- 3&4            Rock forward on left, Recover onto right, Rock back on left
- &5-6           Step back on right, Sweep left from front to back and step back left, Sweep right from front to back (to make a figure of the lover's heart)
- 7&8            Step back on right, step left to side, Cross right over left (face 11:00)

**SIDE,BEHIND,RECOVER, 1/4 TURN AND SIDE,BEHIND,RECOVER,SIDE ,SWAY,PIVOT 5/4 TURN**

- 9-10&           Step left to left side, cross right behind left, Recover onto left
- 11-12&          Turn 1/4 left and step right to side, cross left behind right, Recover onto right(9:00)
- 13-14           Step left to side(sway left), step right to side(sway right)
- 15&16&          Pivot 1/4 turn left and step left forward, Pivot 1/4 turn left and step right forward, Pivot 3/4 turn left and sweep left next to right,step right together.(facing6:00)

**(Option:15&16& Pivot 1/4 turn left stepping forward on left,step forward right , step forward left ,step right together)**

**FORWARD MAMBO,BACK,RECOVER,,STEP,SWEEP TURN 3/4 RIGHT,TOGETHER,SIDE MAMBO**

- 17-18&           Step forward left, Recover onto right, step left together
- 19-20           Step back on right, Recover onto left
- &21-22           Step forward on right, pivot 3/4 turn right sweeping left,step left together.(facing3:00)
- 23&24           Step right to side, Recover onto left, step right together

**TURN 1/8 R LOCK SHUFFLE, TURN3/8 L LOCK SHUFFLE,STEP,TURN1/2 R,STEP,STEP**

- 25&26           Turn 1/8 right stepping forward on left(4:30),lock right behind left, step forward on left.
- 27&28           Turn 3/8 left stepping forward on right (12:00),lock left behind right, step forward on right.
- 29-30           Step forward on left, turn 1/2 right, Recover weight onto right(6:00)
- 31-32           Walk forward left ,right

## **B: PATTERN - 32 counts**

**WALK, WALK,1/8TURN SLIDE AND BEND KNEE,BACK,POINT BACK,STEP,POINT FORWARD**

- 1-2            Walk forward left,right
- 3-4            Turn 1/8 right and bend right knee,(1:30)skating-slide forward with left toe slowly.
- 5-6            Step back left,point back right
- 7-8            Step forward ,point forward left.

**1/8 TURN STEP,1/2TURN FLICK,STEP,STEP,,STEP,1/2TURN FLICK,WALK ,WALK**

- 9-10           Turn 1/8 left stepping forward left,(12:00)turn 1/2 left flick right
- 11-12           Step forward right ,left(6:00)
- 13-14           Step forward right, turn 1/2 right flick left
- 15-16           Step forward left ,right (12:00)

**(Option:10 and 14, 1/2 turn touch one toe next to another foot)**

**CROSS ,TOUCH SIDE(4×)**

- 17-18 Cross left over right, touch right to side
- 19-20 Cross right over left, touch left to side
- 21-22 Cross left over right, touch right to side
- 23-24 Cross right over left, touch left to side

**TOGETHER,HANDS UP,POINT CROSS,1/2TURN TOGETHER,HANDS DROP.**

- 25-28 Step left together, open up both hands
- 29-32 Point right cross left, Turn 1/2 left step left together, Drop both hands slowly. (6:00)

**Tag 1:16c tag after A pattern wall3.**

**CHAIR STEP, SIDE, SWAY(4×)**

- 1-2 Rock forward on left, Recover onto right,
- 3-4 Rock back on left, Recover onto right
- 5-6 Step left to left as shoulder width, swaying left, right
- 7-8 Sway left, right
- 9-16 repeat 1- 8

**Tag 2:6c tag after B pattern wall2.**

**OPEN UP BOTH HANDS,LOOK UP**

**END:WALK,WALK, 1/2 TURN,HOLD.**

- 1-2 Walk forward left, right
- 3-4 Turn 1/2 right sweep left, close left beside right
- 5-6 Hold

**Please refer to the video for details of arms movement.**

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