

Shambala

Compte: 32

Mur: 4

Niveau: Absolute Beginner

Chorégraphe: Roz Chaplin (UK) & Colin B. Smith (UK) - June 2012

Musique: Shambala - Toby Keith : (CD: Clancy Town)



32 Count Intro

ROCKING CHAIR, SIDE ROCK, CROSS, HOLD

- 1-2 Rock forward on right, recover onto left
- 3-4 Rock back on right, recover onto left
- 5-6 Rock right to right side, recover onto left
- 7-8 Cross right over left, hold

ROCKING CHAIR, ROCK, ¼ TURN, STEP

- 1-2 Rock forward on left, recover onto right
- 3-4 Rock back on left, recover onto right
- 5-6 Rock left to left side, make ¼ turn to right stepping right forward (3)
- 7-8 Step forward on left, hold

STEP SCUFF, STEP SCUFF, ¼ TOUCH, FORWARD, TOUCH

- 1-2 Step forward right, scuff left forward
- 3-4 Step forward left, scuff right forward
- 5-6 Make ¼ turn right stepping right forward, touch left beside right (6)
- 7-8 Step forward on left, touch right beside left

STEP, TOUCH, ¼ TURN TOUCH X 3

- 1-2 Step right to right side, touch left beside right
 - 3-4 Make ¼ turn to left stepping left to left side, touch right beside left (3)
 - 5-6 Make ¼ turn to left stepping right to right side, touch left beside right (12)
 - 7-8 Make ¼ turn to left stepping left to left side, touch right beside left (9)
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