

# Bahama Mama

Compte: 64

Mur: 4

Niveau: Improver

Chorégraphe: Roger Hwang (USA) - March 2008

Musique: Bahama Mama - Boney M. : (Rvsd)



**Start on Vocals - Intro: 64 Counts, NO TAGS, No restarts**

## **S1. Sway Hips L,R,L,R, L Shuffle Back, R Shuffle Back**

1-4 Step left diagonal fwd with hip swaying L, R, L, R  
5&6 Shuffle back on L-R-L  
7&8 Shuffle back on R-L-R

## **S2. Rock Recover, Shuffle Fwd, Rock Recover, Rock Behind Recover**

1-2 Rock back on left, recover on right  
3&4 Shuffle fwd on L-R-L  
5-8 Rock right to right, recover on left, rock right behind left, recover on left (with weight on L)

## **S3. Sway Hips R,L,R,L, R Shuffle Back, L Shuffle Back**

1-4 Step right diagonal fwd with hip swaying R, L, R, L  
5&6 Shuffle back on R-L-R  
7&8 Shuffle back on L-R-L

## **S4. Rock Recover, R Shuffle Fwd, Rock Recover, Rock Behind Recover**

1-2 Rock back on right, recover on left  
3&4 Shuffle fwd on R-L-R  
5-8 Rock left to left, recover on right, rock left behind right, recover on right (with weight on R)

## **S5. Lindy Left, Lindy Right**

1&2 Step left to left, step right next to left, step left to left  
3-4 Rock back on right, recover on left  
5&6 Step right to right, step left next to right, step right to right  
7-8 Rock back on left, recover on right

## **S6. L Shuffle fwd, R Shuffle fwd, Step fwd, ½ Pivot turn R, L Shuffle fwd**

1&2 Shuffle fwd on L-R-L  
3&4 Shuffle fwd on R-L-R  
5-6 Step left forward, ½ pivot turn right (6:00)  
7&8 Shuffle fwd on L-R-L

## **S7. Sway Hip R L, Coaster Step, Sway Hip L R, Coaster Step**

1-2 Step right diagonal fwd with hip swaying R L  
3&4 Step back on right, step left next to right, step right fwd  
5-6 Step right diagonal fwd with hip swaying L R  
7&8 Step back on left, step right next to left, step left fwd

## **S8. Roll Hips Round Clockwise Twice, Coaster Step, Step, Turn ¼ Right**

1-4 Step right fwd rolling hips round clockwise twice  
5&6 Step back on right, step left next to right, step right fwd  
7-8 Step left fwd, make a ¼ turn right, (with weight on right) (9:00)

**Repeat and Happy Dancing!**

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