Compte: 64
Mur: 4
Niveau: Intermediate
Chorégraphe: Mikael Mölsä (FIN) - June 2012
Musique: State of Shock - Michael Jackson \& Freddie Mercury

Starting point: 32 counts from the moment the guitar starts, at about 0:32.
Note: There are two restarts in the dance, on wall 2. On that wall dance the first 48 counts and add an additional weight-transferring step and restart the dance.

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STEPS FORWARD, SIDE STEP, SLIDE TOGETHER, \(1 / 4\) RIGHT TURNING SAILOR STEP, \(1 / 4\) RIGHT TURNING PIVOT
1-2 Step left forward, step right forward
3-4 Take a big step to left, slide right next to left (weight remains on left)
5\&6 Step right behind left, step left next to right, turn \(1 / 4\) to right and step right to right diagonal (now facing 9:00)
7-8 \(\quad\) Step left forward, turn \(1 / 4\) to right (weight ends up on right) (now facing \(6: 00\) )
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STEP APART, BODY ROLL, HIP BUMPS, $1 / 4$ LEFT TURNING STEP, STEP FORWARD
1-2 Step left to side, step right to side
3-4 Do a body roll from top going down for two counts (weight ends up on your right)
5\&6\& Bump your hips left-centre-left-centre (weight remains on right)
7-8 Turn $1 / 4$ to left and step left forward, step right forward (now facing 9:00)
STEPS FORWARD, POSE, $1 / 2$ RIGHT TURNING PIVOT, STEP FORWARD, STEP TOGETHER
1-2 Step left forward, step right forward
3-4 Step left to side and strike a pose like models at the end of a runway (right hand on the hip, leaning to right hip and flicking your head right, for instance), hold (weight ends up on your right foot)
5-6
Step left forward, turn $1 / 2$ to right (now facing 3:00)
7-8 Step left forward, step right to side (shoulder width apart, weight on both feet)

## MASHED POTATOES BACK, HOLD, MASHED POTATOES BACK, STEP FORWARD, TOUCH

\&1 Split your heels out, bring your heels in while stepping right back
\&2 Split your heels out, bring your heels in while stepping left back
\&3-4 Split your heels out, bring your heels in while stepping right back, hold
\&5 Split your heels out, bring your heels in while stepping left back
\&6 Split your heels out, bring your heels in while stepping right back
7-8 Step left forward, touch right next to left
SAILOR STEP, $1 / 2$ RIGHT TURNING SWEEP, TOE STRUTS ON THE SPOT
1\&2 Step right behind left, step left next to right, step right to right diagonal
3-4 Sweep your right foot in the air from front to back while turning a $1 / 2$ to the right, bring your right foot next to your left (don't step right down) (now facing 9:00)
5-6 Touch right toe forward, while stepping weight to your right foot push your left foot back (weight ends on your right)
7-8 Touch left toe forward, while stepping weight to your left foot push your right foot back (weight ends on your left)

## $1 / 4$ LEFT TURNING SHUFFLE, POSE, HOLD, HIP BUMPS

1\&2
Turn $1 / 4$ to right and step right to side, step left next to right, step right to side (now facing 12:00)

Touch your left toe behind your right foot and snap your right hand to the right (looking in a downward angle toward your right foot, like a classic MJ pose), hold
$5 \& 6 \& 7 \& 8 \quad$ Step left to side and bump hips left, centre, left, centre, left, centre, left (weight ends up on left)
Note: Restarts come here on walls 2 and 4. On those walls add an additional \& -count after count 8 on which you transfer your weight back to your right foot in order to start the dance from the top.

RUN FORWARD, HITCH, HOLD, STEP BACK, TOUCH TOGETHER, ROCK BACK
1\&2 Step right forward, step left forward, step right forward (small steps)
3-4 Hitch left foot (lean a little forward on your upper body), hold
5-6 Step left back, touch right next to left
7-8 Rock right back, recover weight on left
SIDE TOUCHES, HITCH ACROSS, SIDE TOUCH, $1 / 4$ RIGHT TURNING SAILOR STEP, ROCK FORWARD
1\&2\& Touch right to side, step right next to left, touch left to side, step left next to right
$3 \& 4 \quad$ Touch right to side, hitch right across left, touch right to side
5\&6 Step right behind left, step left next to right, turn $1 / 4$ to right and step right to right diagonal (now facing 3:00)
7-8 Rock left forward, recover weight on right

## REPEAT

Last Update - 12 Feb 2022

