

Tide is High Cha Cha

Compte: 32

Mur: 1

Niveau: Ultra Beginner

Chorégraphe: Russell Breslauer (USA) - June 2012

Musique: The Tide Is High - Blondie

ou: any cha cha music



FORWARD, RECOVER, CHA-CHA-CHA, BACK, RECOVER, CHA-CHA-CHA

- 1 – 2 Step forward Right, recover Left
- 3 & 4 Cha-cha step Right, Left , Right
- 5 – 6 Step backward Left, recover Right
- 7 & 8 Cha-cha step Left, Right , Left

SIDE, RECOVER, CROSS AND CROSS, SIDE, RECOVER, CROSS AND CROSS

- 9 –10 Step Right to right side, recover Left
- 11 & 12 Cross right in front of left, step Left in place, cross Right in front of Left
- 13– 14 Step Left to left side, recover Right
- 15 & 16 Cross Left in front of right, step Right in place, cross Left in front of Right

CROSS, RECOVER, ½ RIGHT TURN, CROSS, RECOVER, ½ CHA-CHA-CHA ½ LEFT

- 17 – 18 Step Right over left, recover Left foot
- 19 & 20 Cha-cha turn ½ to the right with Right, Left, Right
- 21 – 22 Step Left over right, recover Right
- 23 & 24 Cha-cha turn ½ to the left with Left, Right, Left

SIDE, RECOVER, BEHIND SIDE CROSS, SIDE, RECOVER, BEHIND SIDE CROSS

- 25 – 26 Step Right to right side, recover Left
- 27 & 28 Step Right behind left, step Left to the left, Cross the Right over the left
- 29 – 30 Step Left to left side, recover Right
- 31 & 32 Step Left behind right, step Right to the right, Cross the Left over the right

REPEAT TO END

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