

Amica Mia

Compte: 64

Mur: 4

Niveau: Improver

Chorégraphe: Norman Gifford (USA) - June 2012

Musique: Amica Mia - Giampiero Vincenzi : (iTunes)



(Start on vocals)

(Modified Rumba box forward, spin turn 3/4 left, step, step, hold)

- 1-2 Left step side; right together
- 3&4 Shuffle steps forward (LRL)
- 5-6 Right step forward in 3/4 left spin turn; left step forward [3:00]
- 7-8 Right step forward; pause

(Lock step forward, sweep, jazz box turning 1/4 right, sweep)

- 1-4 Left step forward; right lock-step forward; left step forward; right sweep
- 5-6 Right crossover; left step back turning 1/4 right [6:00]
- 7-8 Right step side; left sweep across right

(Cross-vine, sweep behind, 1/4 turn left, forward shuffle steps)

- 1-4 Left crossover; right step side; left behind; right sweep front to back
- 5-6 Right behind; left step side turning 1/4 left
- 7&8 Shuffle steps forward (RLR) [3:00]

(Mambo, shuffle steps back, sweep steps back, pause)

- 1-2 Left rock forward; right recover back
- 3&4 Shuffle steps back (LRL)
- 5-8 Sweeps front to back right, left, right; pause

(Modified Rumba box with 1/4 turn left, pause)

- 1-4 Left step side; right together; left step forward; swivel turn 1/4 left [12:00]
- 5-8 Right step side; left together; right step back; pause

(Modified Rumba box with chassè right, pause)

- 1-4 Left step side; right together; left step forward; swivel turn 1/4 left [9:00]
- 5-8 Right step side; left slide together; right step side; pause

(Crossover, replace, chassè left, crossover, replace, turn 1/4 right, pause)

- 1-2 Left cross-rock; right recover
- 3&4 Side shuffle steps (LRL)
- 5-8 Right cross-rock; left recover, right step 1/4 turn right; pause [12:00]

(Pivot turn 1/4 left, cross-lock-step, scissor step, pause)

- 1-2 Left step forward; pivot turn 1/4 right [3:00]
- 3&4 Left crossover; right lock-step side; left step crossed over
- 5-8 Right step side; left step back; right crossover; pause

BEGIN AGAIN

Last Revision - 15th August 2012