

The Only Time I'm Free (aka Inspired)

COPPER KNOB
BY STEPHEN

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Johnny Sheehan (UK) - April 2012

Musique: Heaven in My Woman's Eyes - Tracy Byrd



From Llandudno Weekend

[1-8] Step x2, Scissor Step, Step x2, Step-Cross, Point:

- 1-2 Step R to R side, Step L beside R
- 3&4 Step R to R, Step L beside R, Cross-step R over L, Hold
- 5-6 Step L to L side, Step R behind L
- &7-8 Step L beside L, Cross-step R over L, Point L to L side

[9-16] Sailor 1/4 Turn L, Step, Pivot 1/2 Turn L, Shuffle 1/4 Turn L, Rock-Recover:

- 1&2 Sweep-step L round into 1/4 turn L, Step R beside L, Step L slightly to L side
- 3-4 Step R fwd, Pivot 1/2 turn L
- 5&6 Shuffle 1/4 turn L
- 7-8 Rock-step back on L, Recover on R

[17-24] Touch-Hitch-Step, Touch-Hitch-Touch, R Coaster-Cross, Scissor Step:

- 1&2 Leaning body to R - Touch L to L side, Hitch L, Step L beside R
- 3&4 Leaning body to L - Touch R to R side, Slide R up to L & Hitch R, Touch R beside L
- 5&6 R Coaster - cross
- 7&8 Step L to L side, Step R beside L, Cross-step L over R

[25-32] Side R Together-Back, Shuffle 1/4 Turn L, Step-Pivot 1/2 Turn L X2:

- 1&2 Step R to R side, Step L beside R, Step R back
- 3&4 Shuffle 1/4 turn L
- 5-6 Step R fwd, Pivot 1/2 turn L
- 7-8 Step R fwd, Pivot 1/2 turn L

(alternative steps on counts 5-8: Rocking chair fwd/back)

..Start again and Enjoy...