

# That's Alright Mama

Compte: 40

Mur: 2

Niveau: Improver

Chorégraphe: Mal Jones (UK) - May 2012

Musique: That's Alright Mama - Alan Gregory



Music available as free download at: [www.alangregory.me.uk](http://www.alangregory.me.uk)

## **FORWARD MAMBO, BACK LOCK STEP, BACK MAMBO, FORWARD LOCK STEP.**

- 1 & 2 Rock forward on right. Recover on Left. Step Right beside Left.  
3 & 4 Step back on Left. Cross Right over Left. Step back on Left.  
5 & 6 Rock back on Right. Recover on Left. Step forward on Right.  
7 & 8 Step forward on Left. Cross right behind left. Step forward on left.

## **STEP ¼, CROSS SHUFFLE, FORWARD ROCK, ¼ COASTER TURN.**

- 1, 2 Step forward on Right. Pivot ¼ turn Left.  
3 & 4 Cross Right over Left. Step Left to Left side. Cross Right over Left.  
5, 6 Rock forward on Left. Recover on Right.  
7 & 8 Sweep Left foot from front to back making ¼ turn Left step back on Left. Step back on Right. Step forward on Left.

## **SIDE TOGETHER FORWARD, SHUFFLE FORWARD, ROCK RECOVER, RIGHT ½ SHUFFLE.**

- 1 & 2 Step Right to Right side. Step Left next to Right. Step forward Right.  
3 & 4 Step forward on Left. Step Right next to Left. Step forward on Left.  
5, 6 Rock forward on Right. Recover on Left.  
7 & 8 Right shuffle making ½ turn Right stepping Right. Left. Right .

## **TOE HEEL STEP, SHUFFLE FORWARD, ROCK RECOVER, LEFT ½ SHUFFLE.**

- 1 & 2 Touch toes of Left foot, with toes turned in towards right instep . Touch heel of Left foot forward. Step and place left foot forward.  
3 & 4 Right shuffle forward stepping. Right. Left. Right.  
5, 6 Rock forward on Left. Recover on Right.  
7 & 8 Left shuffle making ½ turn Left stepping Left. Right. Left.

## **SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, BEHIND SIDE STEP.**

- 1, 2 Side rock on Right. Recover on Left.  
3 & 4 Cross right over Left. Step Left to Left side. Cross Right foot over Left.  
5, 6 Side rock on Left. Recover on Right.  
7 & 8 Cross Left behind Right. Step Right to Right side. Step forward on Left.
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