# Centurion



Mur: 4 Compte: 100 Niveau: Intermediate

Chorégraphe: Rob Fowler (ES) - April 2012

Musique: My Heart's Broke Down (But My Mind's Made Up) - Dean Miller



#### Intro: 16 counts

## Toe In, Kick, Cross, Toe In, Kick, Cross, Hop, Hop

Touch right toe beside left (right knee bent towards left), right kick diagonally forward, cross 1-2-3

right over left

4-5-6 Touch left toe beside right (left knee bent towards right), left kick diagonally forward, cross left

over right

7-8 Hop backward on left foot and tap right point behind left heel (twice)

### Back-Heel-Step-Touch, Back-Heel-Step-Brush, Step 1/4 Turn, Stomp, Stomp

&1&2 Step right back, touch left heel diagonally forward, step left beside right, touch right toe

beside left

&3&4 Step right back, touch left heel diagonally forward, step left beside right, right brush forward

5-6 Step right forward, ¼ turn left (weight onto left) 7-8 Stomp right next left, stomp left next right

#### Side Toe Strut, Cross Toe Strut, Chassé to the Right, Back Rock, Recover

1-2-3-4 Step right toe side, drop right heel, step left toe cross right, drop left heel

5&6-7-8 Chassé (RLR) right side, rock left backward, recover to right

### Side Toe Strut, Cross Toe Strut, Chassé to the Left, Back Rock, Recover

1-2-3-4 Step left toe side, drop left heel, step right toe cross left, drop right heel

5&6-7-8 Chassé (LRL) left side, rock right backward, recover to left

#### Figure of Eight

1-2-3-4 Step right to right, step left behind right, turn 1/4 right and step right forward, step left forward 5-6-7-8 ½ turn right (weight onto right), ¼ turn right and step left to left, step right back, ¼ turn left and step left forward\*

# \* TAGS on wall 4 (you are facing 12h00)

### Right Shuffle forward, Left Rock forward, Recover, 1½ Turn left, Brush Right

1&2 Step right forward, close left beside right, step right forward

3-4 Rock left forward, recover onto right

5-6-7 ½ turn left and step left forward, ½ turn left and step right back, ½ turn left and step left

forward

Brush right forward

\*RESTART on wall 3 (you are facing 6h00)

## Out-Out-In-In

1-2 Step right diagonally forward, step left to left 3-4 Step right center, step left beside right

### Right Kick forward, Step back, Hip forward, Hip back (sit down), Hip up, Hip back, Together, Up-Down

1-2 Kick right forward, step right back with bumps (bend the knees and bump back)

3-4-5-6 Bump forward (up), bump back (down), bump forward (up), bump back 7&8 Step right beside left, lift both heels off (bending the knees), drop heels

# Right Side Rock Cross, Hold, Left Side Rock Cross, Hold

1-2-3-4	Rock right to right side, recover to left, step right cross left, hold		
5-6-7-8	Rock left to left side, recover to right, step left cross right, hold		
Step, 1/2 turn lef	t, Forward, Hold, Step, ½ turn right, Forward, Hold		
1-2-3-4	Step right forward, ½ turn left (weight onto left), step right forward, hold		
5-6-7-8	Step left forward, ½ turn right (weight onto right), step left forward, hold		
Right Kick forwa	ard, Step back, Hip forward, Hip back (sit down), Hip up, Hip back, Together, Up-Down		
1-2	Kick right forward, step right back with bumps (bend the knees and bump back)		
3-4-5-6	Bump forward (up), bump back (down), bump forward (up), bump back		
7&8	Step right beside left, lift both heels off (bending the knees), drop heels		
•	e right, Touch, Grapevine ½ turn to the left, Brush		
1-2-3-4	Step right to right, step left behind right, step right to right, touch left next right		
5-6-7-8	Step left to left, step right behind left, ½ turn left and step left forward, brush right forward		
Granavina to th	e right, Touch, Grapevine ¼ turn to the left, Brush		
1-2-3-4	Step right to right, step left behind right, step right to right, touch left next right		
5-6-7-8	Step left to left, step right behind left, ¼ turn left and step left forward, brush right forward		
5-0-7-0	Step left to left, step right benind left, 1/4 turn left and step left forward, brush right forward		
RESTART & TA	AG:		
	START at the end of section 6 (you are facing 6h00)		
	at the end of section 5 (Figure Of Eight) (you are facing 12h00)		
Single			
-	ard, Step back, Hip forward, Hip back (sit down), Hip up, Hip back, Together, Up-Down		
1-2	Kick right forward, step right back with bumps (bend the knees and bump back)		
3-4-5-6	Bump forward (up), bump back (down), bump forward (up), bump back		
7&8	Step right beside left, lift both heels off (bending the knees), drop heels		
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•	k Cross, Hold, Left Side Rock Cross, Hold		
1-2-3-4	Rock right to right side, recover to left, step right cross left, hold		
5-6-7-8	Rock left to left side, recover to right, step left cross right, hold		
Sten 1/2 turn lef	t, Forward, Hold, Step, ½ turn right, Forward, Hold		
1-2-3-4	Step right forward, ½ turn left (weight onto left), step right forward, hold		
5-6-7-8	Step left forward, ½ turn right (weight onto right), step left forward, hold		
0070	otep for forward, 72 tarm right (weight onto right), step fort forward, flord		
Double			
Right Kick forwa	ard, Step back, Hip forward, Hip back (sit down), Hip up, Hip back, Together, Up-Down		
1-2	Kick right forward, step right back with bumps (bend the knees and bump back)		
3-4-5-6	Bump forward (up), bump back (down), bump forward (up), bump back		
7&8	Step right beside left, lift both heels off (bending the knees), drop heels		
_	ard, Step back, Hip forward, Hip back (sit down), Hip up, Hip back, Together, Up		
1-2	Kick right forward, step right back with bumps (bend the knees and bump back)		
3-4-5-6	Bump forward (up), bump back (down), bump forward (up), bump back		
7&8	Step right beside left, lift both heels off (bending the knees), drop heels		
Pight Side Bee	k Cross Hold Laft Side Book Cross Hold		
1-2-3-4	k Cross, Hold, Left Side Rock Cross, Hold		
1-2-3-4 5-6-7-8	Rock right to right side, recover to left, step left cross left, hold		
J-U- <i>I</i> -0	Rock left to left side, recover to right, step left cross right, hold		
Step, ½ turn left, Forward, Hold, Step, ½ turn right, Forward, Hold			
1-2-3-4	Step right forward, ½ turn left (weight onto left), step right forward, hold		
5-6-7-8	Step left forward, ½ turn right (weight onto right), step left forward, hold		
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# Single with extra and continue (final):

# Right Kick forward, Step back, Hip forward, Hip back (sit down) (6x), Together, Hop (3x)

	and, Grop Basis, hip to mana, hip Basis (on astrony (oxy, hogolino), hisp (oxy
1-2-3-4	Kick right forward, step right back with bumps (bend the knees and bump back), bump forward (up), bump back
5-6-7-8	Bump forward (up), bump back (down), bump forward (up), bump back (down)
1-2-3-4	Bump forward (up), bump back (down), bump forward (up), bump back (down)
5-6	Bump forward (up), bump back (down)
1-2-3-4	Step right beside left, jump (3x)

# Grapevine to the right, Touch, Grapevine ½ turn to the left, Brush

1-2-3-4	Step right to right, step left behind right, step right to right, touch left next right
5-6-7-8	Step left to left, step right behind left, ½ turn left and step left forward, brush right forward

# Grapevine to the right, Touch, Grapevine ¼ turn to the left, Brush

1-2-3-4	Step right to right, step left behind right, step right to right, touch left next right
5-6-7-8	Step left to left, step right behind left, ¼ turn left and step left forward, brush right forward

## Final

Stomp right to right, stomp left to left, knees bend, body slightly turned to the left, make big cercles with right arm (clockwise)