

# Ice Cream Freeze

**Compte:** 48

**Mur:** 0

**Niveau:** Beginner Contra

**Chorégraphe:** Maryloo (FR) - April 2012

**Musique:** Ice Cream Freeze (Let's Chill) - Hannah Montana : (CD: Vol .3 - Original Soundtrack)



**Intro : 24 counts**

**The dancers are placed in front of each other, along two lines or in circle**

## **HEEL TOUCHES , BEHIND, SIDE , CROSS ( R.& L. SIDE)**

- 1-2 Touch right heel to side ( twice)
- 3&4 Step right behind left, step left to side, cross right over left
- 5-6 Touch left heel to side ( twice)
- 7&8 Step left behind right, step right to side, cross left over right

## **TRIPLE FORWARD (R. & L.), PUDDLE TURN ½ LEFT**

- 1&2 Triple forward ( right, left, right)
- 3&4 Triple forward ( left, right, left)
- 5&6&7&8 Touch right to side, hitch right turn 1/8 left on left ( repeat 4 X) ( weight on left)

**You are now on other side of line**

## **HEEL TOUCHES , BEHIND, SIDE , CROSS ( R.& L. SIDE)**

- 1-3 Touch right heel to side ( twice)
- 3&4 Step right behind left, step left to side, cross right over left
- 5-7 Touch left heel to side ( twice)
- 7&8 Step left behind right, step right to side, cross left over right

## **TRIPLE FORWARD (R. & L.), MAMBO (R. &L.)**

- 1&2 Triple forward ( right, left, right)
- 3&4 Triple forward ( left, right, left)
- 5&6 Rock right to side, recover on left, step right together
- 7&8 Rock left to side, recover on right, step left together

**You are now back where you started, back to back with your partner**

## **JUMP ( TOGETHER, OUT, CROSS ), UNWIND ½ TURN LEFT, WALKS FORWARDS**

- 1&2 Jump up ( feet together), jump out ( feet apart), jump right across left
- 3-4 Unwind turn ½ left (weight ends on left)
- 5-8 Walks forward ( right, left, right, t left)

**You are now face to face with your partner**

## **JUMP ( TOGETHER, OUT, CROSS ), UNWIND ½ TURN, WALKS FORWARD & ½ TURN LEFT**

- 1&2 Jump up ( feet together), jump out ( feet apart), jump right across left

**Option :**

**When you make the jumps, you can :**

- 1 Clap in your hands
- & Clap in both hands of your partner in front of you
- 2 Clap in the right hand of your partner in front of you
- 3-4 Unwind turn ½ left (weight ends on left)
- 5-7 Walks forward ( right, left, right,)
- 8 Make a ½ turn left and step left next to right

**You are now in front of your partner**

**VARIANT :**

This dance can be danced in circle; in the last section, by walking forward you move slightly towards the left to change partner

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