

Ciega Sordomuda

Compte: 72

Mur: 1

Niveau: Improver - Samba

Chorégraphe: Nena Matela (USA) - March 2012

Musique: Ciega, Sordomuda - Shakira : (CD: Grandes Exitos)



Start dancing on lyrics

FORWARD STEPS-KICK, BACK STEPS-TOUCH

- 1-4 Step forward right, left, right, kick left forward
- 5-8 Step back left, right, left, touch right to side
- 9-16 Repeat 1-8

BOTA FOGOS

- 1a2 Cross right over left, step ball of left to side, step right in place
- 3a4 Cross left over right, step ball of right to side, step left in place
- 5-8 Repeat 1-4

TRAVELING VOLTAS, BOTA FOGOS

- 1 Cross right over left
- a2a3a4 Step left toe to side, cross right over left (3x)
- 5a6 Cross left over right, step ball of right to side, step left in place
- 7a8 Cross right over left, step ball of left to side, step right in place

BOTA FOGOS, TRAVELING VOLTAS

- 1a2 Cross left over right, step ball of right to side, step left in place
- 3a4 Cross right over left, step ball of left to side, step right in place
- 5 Cross left over right
- a6a7a8 Step right toe to side, cross left over right (3x)

SAMBA WALKS, STEP TURNS WITH HIP ROLL

- 1a2 Step right forward, step ball of left back, step right in place
- 3a4 Step left forward, step ball of right back, step left in place
- 5-8 Repeat 1-4
- 9-10 Step right forward, turn 1/4 left rolling hips to right
- 11-16 Repeat 9-10 three times

SIDE-BEHIND-SIDE-CROSS-CHASSE-BACK ROCK (RIGHT, LEFT)

- 1-4 Step right to side, cross left behind right, step right to side, cross left over right
- 5&6 Chasse to right stepping right, left, right
- 7-8 Turn 1/8 left and rock left back, recover to right and turn 1/8 right
- 9-12 Repeat 1-4 with opposite foot and direction
- 13-14 Chassé side left, right, left
- 15-16 Turn 1/8 right and rock right back, recover to left and turn 1/8 left

REPEAT