

5 O'Clock In The Morning

Compte: 32

Mur: 4

Niveau: Improver



Chorégraphe: Peter Jones (UK) & Anna Lockwood (UK) - January 2012

Musique: 5 O'Clock (Latin Remix) (feat. Lily Allen, Wisin & Yandel) - T-Pain

S1: Point, Together, Point, Hitch, Point, Hitch, Cross, Rock, Recover, Behind, 1/4, Step.

- 1&2 Point R To R Side, Step R Next To L, Point L To L Side.
&3&4 Hitch L Knee Across R, Point L To L Side, Hitch L Knee Across R, Step L Across R.
5-6 Rock R Diagonally Forward, Recover Weight Onto L.
7&8 Cross R Behind L, Step ¼ L Onto L, Step Forward Onto R.

S2: Back, Back, Coaster Step, Shuffle Forward, Step, ¾ Turn, Side.

- 1-2 Step Back Onto L, Sweep R Back Stepping Onto R.
3&4 Sweep L Back Stepping Onto L, Step R Next To L, Step Forward Onto L.
5&6 Step Forward Onto R, Step L Next To R, Step Forward Onto R.
7&8 Step Forward Onto L, Pivot ½ R Onto R, Pivot ¼ R Stepping L To L Side.

Taglets & Restarts Here On Walls 6 (Facing 3.00 o'clock) & 10 (Facing 12.00).

S3: Rock Back, Recover, Side, Rock Back, Recover, Side, Behind, Side, Cross, Side, Hitch, Point.

- 1&2 Rock R Behind L, Recover Weight Onto L, Step R To R Side.
3&4 Rock L Behind R, Recover Weight Onto R, Step L To L Side.
5&6 Step R Behind L, Step L To L Side, Cross R Over L.
7&8 Step L To L Side, Hitch R Knee Across L, Point R To R Side.

S4: Rock Back, Recover, ½ Turn, ½ Turn, Step, Step Pivot ¼, Extended Weave.

- 1-2 Rock Back Onto R, Recover Weight Onto L.
3&4 Turn ½ L Stepping Back Onto R, Turn ½ L Stepping Forward Onto L, Step Forward Onto R.
5&6 Step Forward Onto L, Pivot ¼ R Onto R, Cross L Over R.
&7&8 Step R To R Side, Step L Behind R, Step R To R Side, Cross L Over R.

1 Count Taglet - Hitch R Knee Across L.

Have fun and dance with a smile ;0)

Contact: www.peterandanna.co.uk