

Don't Take It So Hard

Compte: 64

Mur: 4

Niveau: Improver

Chorégraphe: Roz Chaplin (UK) - January 2012

Musique: Don't Take It So Hard - Mark Everett : (CD: Guardians of The Grain)



16 Count Intro

ROCK, RECOVER, COASTER STEP, ROCK RECOVER, SHUFFLE ½ TURN

- 1-2 Rock forward right, recover onto left
- 3&4 Step back on right, close left beside right, step forward on right
- 5-6 Rock forward left, recover onto right
- 7&8 Shuffle ½ turn left, stepping left, right, left (06.00)

SKATE X2, FORWARD SHUFFLE, ROCKING CHAIR

- 1-2 Skate right forward, skate left forward
- 3&4 Step right forward, close left beside right, step right forward
- 5-6 Rock forward on left, recover onto right
- 7-8 Rock back on left, recover onto right

ROCK, CROSS SHUFFLE, ROCK, CROSS SHUFFLE

- 1-2 Rock left to left side, recover onto right
- 3&4 Cross left over right, step right to right side, cross left over right
- 5-6 Rock right to right side, recover onto left
- 7&8 Cross right over left, step left to left side, cross right over left

LEFT TOGETHER, SHUFFLE FORWARD, SIDE TOUCH X2

- 1-2 Step left to left side, close right beside left (taking weight)
- 3&4 Step forward left, close right beside left, step forward left
- 5-6 Step right to right side, touch left beside right
- 7-8 Step left to left side, touch right beside left

MONTEREY ¼ TURN, MONTEREY, ¼ TURN

- 1-2 Point right to right side, ¼ turn right stepping right to right side (09.00)
- 3-4 Point left to left side, step left beside right
- 5-6 Point right to right side, ¼ turn right stepping right to right side (12.00)
- 7-8 Point left to left side, step left beside right (taking weight)

WALK FORWARD RIGHT, LEFT, STEP LOCK STEP, STEP ¼, CROSS SHUFFLE

- 1-2 Walk forward right, walk forward left
- 3&4 Step forward right, lock left behind right, step forward right
- 5-6 Step forward on left ¼ turn right
- 7&8 Cross left over right, step right to right side, cross left over right (03.00)

ROCK, RECOVER, TRIPLE FULL TURN, CROSS, SIDE, BEHIND, SIDE, CROSS

- 1-2 Rock forward on right, recover onto left
- 3&4 Triple step full turn right stepping- right, left, right

Easy Option 3&4 : Right Coaster Step

- 5-6 Cross left over right, step right to right side
- 7&8 Cross left behind right, step right to right side, cross left over right

RIGHT, TOGETHER, SHUFFLE FORWARD, LEFT TOGETHER, SHUFFLE FORWARD

- 1-2 Step right to right side, close left beside right
- 3&4 Step forward on right, close left beside right, step forward on right

5-6

Step left to left side, close right beside left

7-8

Step forward on left, close right beside left, step forward on left
