

Lady Grace

Compte: 32

Mur: 4

Niveau: Improver



Chorégraphe: Yvonne Anderson (SCO) - December 2011

Musique: Ms. Grace - The Tymes : (Albums: AM Radio Gold, Remastered and The Very Best of the Tymes)

Note track is widely available on various compilation Cd's, track length 3.22.

Notes: Start on main vocal.

The numbers in brackets [] indicate which wall you should be facing at the end of each movement.

[1-8] R SIDE, BEHIND, BALL-CROSS, TOUCH, CROSS, TOUCH, CROSS, UNWIND 1/2 TURN RIGHT

- 1-2 Step R to right, Step L behind right [12]
&3-4 (&) Step ball of R to right, Step L across right, Touch R toes to right [12]
5-6 Step R forward and across left, Touch L toes to left [12]
7-8 Step L forward and across right, Unwind 1/2 turn right weight ends on L [6]

[9-16] JUMP BACK, HIP BUMPS, ROLLING 1 1/4 TURN RIGHT, BRUSH

- &1 (&) Step R back to right, Step L back to left (feet now shoulder width apart) [6]
2-4 Bump hips L, R, L [6]
5-8 Make 1/4 turn right stepping R forward, Make 1/2 turn right stepping L back, Make 1/2 turn right stepping R forward, Step L forward [9]

(Easier option counts 5-8, Grapevine 1/4 turn, Step forward left)

[17-24] TOUCH & HEEL X 2, LEFT COASTER STEP, FORWARD RIGHT DIAGONAL STEP, SLIDE

- 1&2 Touch R toes beside left heel, (&) Step R back, Touch L heel forward, [9]
&3&4 (&) Step L in place, Touch R toes beside left heel, (&) Step R back, Touch L heel forward [9]
5&6 Step L back, (&) Step R beside left, Step L forward [9]
7-8 Step R forward to right diagonal (angle body to left), Slide L toes to right squaring off to corner [10.30]

[25-32] FORWARD LEFT DIAGONAL STEP, TOGETHER, STEP, HOLD, HINGE 1/2 TURN RIGHT

- 1-4 Step L forward to left diagonal, Slide R beside left, Step Left forward to left diagonal, Hold [7.30]
5-8 Step R across left, Make 1/4 turn right stepping L back, Make 1/4 turn right stepping R to side, Step L across right squaring off to wall [3]

REPEAT