

# Rules of the Ocean

Compte: 54

Mur: 4

Niveau: Intermediate waltz

Chorégraphe: Stine Emilie Nøding Hansen (NOR) - October 2011

Musique: Rules of the Ocean - Violet Road



Dance: 2 wall turning into 4 wall....

## S1: Scissor steps X2

- 1-2 Step R to right side, step L next to R
- 3 Step R in cross over L
- 4-5 Step L to right side, step R next to L
- 6 Step L in cross over R

(Counts 1-6 traveling forward)

## S2: Rock-recover, pivot $\frac{1}{4}$ , cross, pivot $\frac{1}{4}$ , rock

- 1 Rock R forward
- 2 Recover on L
- 3 Pivot  $\frac{1}{4}$  right stepping R to right side
- 4 Cross L behind R
- 5 Pivot  $\frac{1}{4}$  right stepping R forward (ending at 6 o'clock)
- 6 Rock L forward

(Restart here in wall 5)

## S3: Recover, back, full turn, step, touch

- 1 Recover on R
- 2 Pivot  $\frac{1}{4}$  to right stepping L back
- 3 Pivot  $\frac{1}{4}$  to right stepping R forward
- 4 Step L forward and make a  $\frac{3}{4}$  turn to right on the L foot (ending at 9 o'clock)
- 5 Step R to right side
- 6 Touch L next to R

(Restart here in wall 2)

## S4: Rocking chair X2

- 1 Rock L forward
- 2 Recover on R
- 3 Rock L backward
- 4 Recover on R
- 5 Rock L forward
- 6 Recover on R

## S5: Full triple turn, step, drag, touch

- 1 Pivot  $\frac{1}{2}$  turn left stepping forward on L
- 2 Pivot  $\frac{1}{2}$  turn left stepping backward on R
- 3 Pivot  $\frac{1}{2}$  turn left stepping forward on L (ending at 3 o'clock)
- 4 Step R diagonally forward to right
- 5 Drag L
- 6 Touch L next to R

(Bridge in wall 7)

## S6: Rock-recover, 2X $\frac{1}{8}$ turn, cross, pivot $\frac{1}{4}$

- 1 Rock diagonally forward to left on L (still at 3 o'clock)
- 2 Recover on R

- 3 Pivot 1/8 turn to right stepping L back
- 4 Pivot 1/8 turn to right stepping R to side (6 o'clock)
- 5 Cross L over R
- 6 Pivot 1/4 turn to left stepping R back (3 o'clock)

**S7: Pivot 1/4, cross, pivot 1/4, pivot 1/4, cross, rock**

- 1 Pivot 1/4 to left stepping L to side (12 o'clock)
- 2 Cross R over L
- 3 Pivot 1/4 to right stepping L back (3 o'clock)
- 4 Pivot 1/4 to right stepping R forward (6 o'clock)
- 5 Cross L over R
- 6 Rock R to right side

**S8: Recover, pivot 1/4, pivot 1/4, step-lock-step**

- 1 Recover on L
- 2 Pivot 1/4 to right stepping R back (9 o'clock)
- 3 Pivot 1/4 to right crossing L over right (12 o'clock)
- 4 Step R forward
- 5 Lock L behind R
- 6 Step R forward

**S9: Step, pivot 1/2, step, big sweep, touch**

- 1 Step L forward
- 2 Pivot 1/2 to right stepping onto R (6 o'clock)
- 3 Step L forward
- 4-5 Sweep R behind to front
- 6 Touch R next to L

**REPEAT**

**Restart 1: Wall 2, section 3 (After 18 counts)**

**S3R: Recover, back, turn, step, drag, step**

- 1 Recover on R
- 2 Pivot 1/4 to right stepping L back
- 3 Pivot 1/4 to right stepping R forward
- 4 Step L forward and make a 3/4 turn to right on the L foot
- 5 Step R to right side
- 6 Step L next to R (Restart here)

**Restart 2: Wall 5, section 2 (after 12 counts)**

**Rock-recover, pivot 1/4 right, cross, pivot 1/4 right, step**

- 1 Rock R forward
- 2 Recover on L
- 3 Pivot 1/4 right stepping R to right side
- 4 Cross L behind R
- 5 Pivot 1/4 right stepping R forward
- 6 Step L forward (Restart here)

**BRIDGE : Wall 7:**

**Dance the dance normally up 'til section 5:**

**S5B: Full triple turn, step, sweep**

- 1 Pivot 1/2 turn left stepping forward on L
- 2 Pivot 1/2 turn left stepping backward on R
- 3 Pivot 1/2 turn left stepping forward on L
- 4 Step R diagonally forward to right

5-6 Sweep L

**Then:**

**Basic steps**

- 1 Step L forward
- 2 Step on ball of R
- 3 Step down on L
- 4 Step R back
- 5 Step on ball of L
- 6 Step down on R

**Then wait, as he just sung.**

**He will then sing**

**“Yet I go down with a smile on my face”**

**On “down” continue the dance from section 6:**

**S6: Rock-recover, 2X 1/8 turn, cross, pivot ¼**

- 1 Rock forward on L
- 2 Recover on R
- 3 Pivot 1/8 turn to right stepping L back
- 4 Pivot 1/8 turn to right stepping R to side
- 5 Cross L over R
- 6 Pivot ¼ turn to left stepping R back

**Keep dancing as normal until the end of the song ;)**

**ENJOY!**

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